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More young Haligonians are getting down and dirty with home gardens
metroNEWS

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WEDNESDAY, JUNE 17, 2015

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'We live in Dartmouth'

SIGNAGE

Communities push for name and identity to be preserved



Stephanie Taylor
Metro | Halifax

One city councillor and former Dartmouth mayor believes the people have spoken when it comes to the name of their community, regardless of what the signs say.

"We know where we live," Gloria McCluskey said Tuesday. "We live in Dartmouth. We worked hard to get what we have over there. So let's keep it."

During Tuesday's regional council meeting, McCluskey presented a petition with more than 1,600 signatures, asking that the name "Dartmouth" be retained on landmarks, such as

the Dartmouth Common and Dartmouth Waterfront as well as Sullivan's Pond.

A community board near the pond was recently replaced to bear the new Halifax branding, inciting anger among many who demanded the area's identity be respected.

"It's Sullivan's Pond in Dartmouth. And it is not Halifax and it never will be," McCluskey said. "Imagine telling Sidney Crosby he's from Halifax. He's from Cole Harbour."

McCluskey explained that the rationale behind the new branding, which was introduced last year, was to market the city regionally and internationally.

Therefore, to switch signs over in Dartmouth is pointless, she said.

Although McCluskey questions the level of support a motion to restore the name Dartmouth would garner at council, she's considering it.

"If that's going to proceed, we have to do something to stop it."

STATE OF EMERGENCY

Local songsmith Joel Plaskett performs during the unveiling of the Polaris Prize Long List at the Carleton in Halifax on Tuesday. Plaskett is one of several local musicians up for the award. For more coverage, see **metroNEWS**. JEFF HARPER/METRO



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Shipbuilder holds job fair, 'overwhelmed' by turnout

EMPLOYMENT

Irving Shipbuilding looking to hire for new facility



Zane Woodford
Metro | Halifax

Hundreds of people lined up at a job fair in Dartmouth Tuesday for a chance at a job at the revamped Irving Shipbuilding facility in Halifax.

"We're overwhelmed by the turnout," said Irving spokeswoman Mary Keith at the event at the Dartmouth Holiday Inn.

She said by 11 a.m. Tuesday 200 people had already been through the process of standing in line, then having a short interview upstairs.

The event ran until 8 p.m. Irving Shipbuilding is looking to hire more than 200 people by September, when the first ships will be built at the new facility.

The company is looking for welders, pipe fitters, iron workers and marine fabricators.

"We've got a great diversity of skill sets here today," said Keith, adding that there were people from other trades there

as well looking for work.

Right now, the company is only looking for journey-persons, not apprentices, but Keith said Irving Shipbuilding is already the largest employer of apprentices in the province, and has an on-going partnership with Nova Scotia Community College.

Keith said the company is focused on "growing" workers at home, bringing people home from Alberta, keeping people in Nova Scotia and bringing new people to the province.

Keith said Irving will be hiring 7,900 people in the next two years for all of its operations — mostly in Atlantic Canada.

There will be two more job fairs this summer: one in Fort McMurray, Alta., on July 8 and one in Sydney on July 15.



Job seekers line up inside the Dartmouth Holiday Inn for an Irving Shipbuilding career fair on Tuesday. JEFF HARPER/METRO

+ ALYSHA JESSOME



Alysha Jessome
JEFF HARPER/METRO

Irving is looking for journey-persons only in this round of hiring, but that didn't stop apprentices like Alysha Jessome from attending the job fair Tuesday. She's a first-year pipe-fitting apprentice living in Nova Scotia, but working in Alberta.

"I figured it's worth a shot," she said. "If they're hiring so many people, maybe it could be me."

+ TOM DUNBAR



Tom Dunbar
JEFF HARPER/METRO

Tom Dunbar stood in line Tuesday morning hoping to get one of those 200 jobs at Irving Shipbuilding.

Like many Nova Scotians, the journeyman iron worker lives here, but works in Alberta.

"I figure this would be a good chance for me to find some work in September here, and stay home, like a lot of us want to do," he said.

CRIME

Robbery suspect sought

RCMP in Halifax issued an arrest warrant for the fourth person connected to a violent robbery in Upper Sackville last week.

On Tuesday, officers issued a warrant for 33-year-old Clinton James Christie of Halifax.

Christie is wanted in connection to the violent robbery that occurred June 8 on Colgrove Avenue, when RCMP say two armed men entered a residence at 5:15 a.m. and tied up a 48-year-old man, a 44 year-old woman, and a 13-year-old youth before stealing items from the home and fleeing in a car. Police say they seized the vehicle shortly after and arrested a 34-year-old man and a 21-year-old woman in Lower Sackville. The car was towed to a police compound, where RCMP say two men that had hidden in the trunk later fled unseen. One of those men has since been arrested and charged. All three face multiple charges including breaking and entering, robbery, unlawful confinement, assault with a weapon, possession of stolen property over \$5,000 and theft of a vehicle.

Police say Christie may be in possession of a weapon, so the public is asked not to approach him. **James Christie** HANDOUT



James Christie
HANDOUT

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Unions gather at Grand Parade on Tuesday to support Halifax Water Workers who are currently out on strike. JEFF HARPER/METRO

Workers anxious to get back on job

LABOUR

Halifax Water employees protest lack of council action



Stephanie Taylor
Metro | Halifax

As the lockout of hundreds of unionized workers from Halifax Water enters its fifth week, protesters took their fight to city hall on Tuesday, demanding more action from city council to get them back to the bargaining table.

Protesters circled the court-

yard in front of the building, waving flags and banging drums, decrying the city's silence over the lockout.

"We feel that council certainly hasn't been paying enough attention to our cause and they don't know enough about what's going on and what this dispute's about," Heather Corkum, president of inside workers' union, said Tuesday.

"They need to start paying attention and realizing we are locked out. We need to have our pensions, we need to save our future."

She said several councillors, including the mayor, sit on the utility's board and have an obligation to intervene to



We are firm on our resolve. It doesn't matter how many weeks (it takes).

Heather Corkum

get workers back to their jobs.

"These are all constituents," she said of the 335 locked-out workers.

"The water and wastewater are an important service in this city, and we should be getting back to work."

Mark Stevens, one of the attendees at Tuesday's protest, says he has worked for the util-

ity for the past 19 years and is not only upset about what the pension changes means for his retirement, but for the future of all Halifax Water employees.

The lack of support from the city only compounds the problem, he added.

"Thanks for the representation, that's all I can say about that."

Disputes between the utility and the union began after proposed changes to the pension program were introduced that workers said would lose them thousands of dollars.

"We are firm on our resolve. It doesn't matter how many weeks (it takes)," Corkum said Tuesday.

RECORD KEEPING

Clarity needed for archives: Council

Council has voted that more clarity is needed around the impacts introducing a new administrative order would have on the city's management of its record-keeping and archives.

On Tuesday, regional council voted 13 to 3 in favour of deferring a decision on whether to adopt a new administrative process that would change the way the city collects and classifies its records.

Coun. Wayne Mason tabled the deferral after he said many local archivists voiced concerns about what such changes would mean for the acquisition of records from private sources, as well as the role of municipal archivist.

He also motioned that a supplementary staff report should be completed to answer these



Richard Butts, CAO

concerns, which council approved.

"My gut doesn't feel right to rush into this," Coun. Matt Whitman said during Tuesday's meeting. "I think this is a big deal that we're looking at quite quickly. It snuck up on most of us."

STEPHANIE TAYLOR/METRO



IN BRIEF

Options for stormwater charge pushed back

The fate of a new contentious charge on residents' water bills has been deferred until next regional council meeting, giving the city time to seek legal advice.

During Tuesday's regional council meeting, council decided to hold off on discussing a new staff report, which lists four options on how to best collect a new right-of-way stormwater fee, until a lawyer weighs in on the possibilities.

Currently, Halifax Water collects the \$39 fee through ratepayers' water bills.

The staff report lists alternatives that would see the municipality collect the charge instead, including have the fee rolled into general taxes or area-rate taxes.

METRO

New electronic signs roll ahead

Council has given the green light to striking a new agreement with Halifax Harbour Bridges to build five more electronic road signs around HRM.

On Tuesday, council approved a new cost-sharing agreement with the bridge commission to split the cost of designing, constructing and operating five new "variable message signs."

The agreement outlines the municipality will contribute no more than \$1 million to the nearly \$2.1 million project.

New signs will be installed on Highway 102 at Miller Lake and Bayers Lake, Highway 101 near Beaver Bank Road, as well as Highway 118 near Dartmouth Crossing and Barrington Street near Cornwallis Street.

METRO

ONLINE PURCHASES

Halifax at bottom of book-buying list

Many Haligonians are big on reading, but our city falls behind the pack when it comes to ordering our books online.

This week, Amazon.ca announced its third annual Canadian Cities that Love to Read list, which ranked 20 cities and was compiled after gathering sales data of Amazon book sales in print and Kindle forms from April 2014 to April 2015, on a per-capita basis in cities with more than 100,000 residents.

According to the release, the

top five cities were Vancouver, Calgary, Saskatoon, Edmonton and Regina.

Halifax came in at 19 of 20, ahead of Hamilton, Ont.

Vancouver earned this year's top spot as well as ranking No. 1 in more than half the categories, buying the most cooking, travel, self-help, business and health books.

There are roughly 50 cities in Canada with more than 100,000 people.

METRO

SHIPBUILDING

Irving tax deal passes despite concerns

A new tax deal between the city and Irving Shipbuilding passed its second reading Tuesday, but not without a fair number of concerns, including one around employee numbers.

Coun. Stephen Adams questioned reports that say work on building the new arctic patrol vessels would peak at 1,000 employees by 2017 —

a major problem since the city's payout from the agreement begins at a workforce of 1,001.

City staff could not provide exact employment figures, only saying they believed the numbers would meet what is required to achieve "full economic activity."

"Is what we are discussing today the beginning, the



Is this a one-off for a shipyard?

Coun. Tim Outhit

foundation of an industrial rate for our city that others can apply for?" Coun. Tim Outhit asked staff on Tuesday.

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'It kind of grounds you'

NATURE

More young Haligonians embrace home gardening

Heide Pearson
For Metro | Halifax

Gardening season — the season of bulbs and seeds and dirt under your fingernails.

And lately, it seems, more and more young people are getting into the trend of growing their own grub.

"It's so refreshing to be able to eat stuff that literally is two steps away from you," says Alexandra Vance, a 26-year-old gardening enthusiast in Halifax.

Vance says she's got so many different herbs and veggies growing on her south-end balcony that she can hardly open the door.

Aside from environmental benefits, Vance says she finds physical and emotional benefits to gardening.

"It kind of grounds you for a minute, you're literally on your hands and knees, up to your elbows in dirt trying to repot



I like to be able to step outside and eat something that I have grown for myself.

Alexandra Vance,
gardening enthusiast



Gardener Niki Jabbour holds a potted plant on Tuesday at Bloom Greenhouse. JEFF HARPER/METRO

something so it will be happy and grow up and flourish so you can eat it."

Vance also says it's a great way for young people to eat local and reduce their environmental impact.

"The obvious solution for many of us is just to do it ourselves and guarantee it's organic, guarantee it's local," she says.

People are gearing up for Garden Days in Halifax this weekend. Garden Days is a "celebration of all things gardening" happening at the Halifax Public Gardens, and all across the Maritimes. Gardeners can get

tips from professional gardeners like Niki Jabbour.

"I'm really hoping that people who have been intimidated by gardening, this weekend will embrace the chance to get out and try to plant something," says Jabbour.

Jabbour is a twice-published gardening writer and blogger who specialized in vegetable gardening, and is also the host of The Weekend Gardener on News 95.7FM.

Jabbour says around 15 to 20 years ago, there would be no one there under the age of 50 at her gardening talks, but now

at least half the people who attend her talks are in their 20s, 30s and 40s.

"I think people are really curious about gardening and definitely the younger population has gotten involved."

The Garden Days will feature many events centred around getting your hands dirty in the garden, including a talk from Jabbour, tips on what plants to pair together, and events for children.

"This is the best time to think about gardening," Jabbour says. "It's not too late to put any type of garden in."

PRO TIPS

How to make the most of your garden

Niki Jabbour has some tips to give first-time gardeners

1 Start small and stress-free

If you're new to plants or vegetables, keep your first garden small, or plant in containers so it doesn't get too overwhelming.

2 Plan your garden

If you plan to grow vegetables, you need to plant in areas that get lots of sunlight, 6-8 hours a day. And if your soil isn't great, build raised beds for your crops.

3 Know your garden

Do you have lots of sun, partial shade, or full shade? That will affect the kinds of plants you can grow. Ask the garden centre to recommend plants that are best suited for your site.

4 Feed your soil

Healthy soil grows healthy plants. No matter the plant, feed your soil with compost. Trees and shrubs should also be mulched with bark to keep weeds away.

5 Have fun

Add beauty to your landscape, save money at the grocery store, and grow what you like to eat. However, don't be afraid to try new veggies like "Dinosaur" kale, "Lemon" cucumber or "Peppermint" swiss chard.



GETTY IMAGES

ENTERTAINMENT

Fear not: more Bubble Guppies shows announced



Philip Croucher
Metro | Halifax

Apparently, Halifax parents and their kids love Bubble Guppies.

Tickets for two Nov. 22 shows sold out in about an hour when they went on sale Friday. On Tuesday, however, Sonic Concerts announced that two more live performances of Bubble Guppies Live! have been added at the Rebecca Cohn Auditorium.

The new shows will take place Monday, Nov. 23, at 3:30 p.m. and 6:30 p.m. They will feature familiar characters such as Mr. Grouper, Molly and Gil, and continue to combine an educational aspect with the entertainment.



Bubble Guppies
CONTRIBUTED

The show won't be limited to the stage, it will also span the entire theatre giving the children in the audience a chance to interact with the performers.

Tickets for the added shows go on sale Wednesday at noon and will cost \$26.50 in advance and \$31.50 the day of the show (including tax and service fees).



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Airport firefighters work at the crash site of Air Canada AC624 that crashed at Stanfield International Airport in Halifax on March 30, 2015. THE CANADIAN PRESS

No mechanical woes in air crash: Report

SAFETY

Preliminary study notes bad weather, low visibility

There were no mechanical problems with an Air Canada passenger jet that crashed about 200 metres short of the runway at the Halifax airport in March, the Transportation Safety Board says in a preliminary report released Tuesday.

The independent board issued a statement saying the Airbus 320-200 was correctly configured for landing, its air speed was consistent with a normal approach and there were no mechanical deficiencies with its engines, flight controls, landing gear and navigation systems.

"During the review of the aircraft's maintenance records, no discrepancies were noted," the board said. However, the board confirmed that the weather was poor at the time. At 12:15 a.m. local time on March 29, the wind was gusting at 48 kilometres an hour from the north-northwest and forward visibility was 800

metres amid snow and drifting snow, the statement says.

The board also says vertical visibility above the ground was just 91 metres.

The jet's flight-data recorder and cockpit voice recorder have been examined, but the board says it has yet to look into pilot training, experience and "human performance aspects."

The board's ongoing investigation will also include producing an animation of the flight profile, completing a site survey illustration, examining key aircraft components and reviewing cabin crashworthiness and the passenger evacuation procedures, among other things.

"Should the investigation team uncover a safety deficiency that represents an immediate risk to aviation, the board will communicate without delay so it may be addressed quickly and the aviation system made safer," the board says.

During its approach to Halifax Stanfield International Airport, the aircraft was being guided to Runway 05 by a so-called localizer approach procedure. This procedure provides pilots with only lateral guidance to align the aircraft with the

133

Flight 624 from Toronto had 133 passengers and five crew members on board.

runway, the board said.

As the plane neared the runway at low altitude, its engines severed overhead power lines, cutting power to the airport, and the jet's main landing gear and rear fuselage hit the snow-covered ground about 225 metres before the runway threshold.

The aircraft then struck a localizer antenna and hit the ground in a "nose-down attitude" about 70 metres before the runway threshold, the board says. "It then bounced and slid along the runway, coming to rest on the left side of the runway about 570 metres beyond the threshold," the report says. "The passengers and crew evacuated the aircraft; 25 people sustained injuries and were taken to local hospitals." Thankfully nobody died though the airliner was badly damaged, but there was no fire.

THE CANADIAN PRESS

SIRT

Veteran Halifax officer being investigated for domestic abuse

A long-time Halifax police officer has been suspended with pay while the Serious Incident Response Team (SiRT) investigates his role in an alleged domestic assault.

According to a release, Halifax Regional Police officers responded to a dispute at a Dartmouth address involving an off-duty police officer and a

woman known to him at 11:36 a.m. Tuesday. Halifax police investigated further and then referred the matter to SiRT Tuesday afternoon, according to a release.

The male officer had been arrested and released on conditions later in the day by SiRT investigators. SiRT will be conducting an investigation into

the alleged domestic assault involving the officer, who has been with the Halifax department for 13 years, the release said.

SiRT is responsible for investigating serious incidents involving police in Nova Scotia, including allegations of domestic violence.

HALEY RYAN/METRO

Nova Scotians take on Amazing Race

REALITY TV

Teams will race for \$1M when show returns this summer

Heide Pearson
For Metro | Halifax

Fans of Amazing Race Canada will be able to follow the adventures of two Nova Scotia teams when the show returns to television this summer.

The first pair from the province selected to compete is a recently engaged couple: Michaelia Drever and Hamilton Elliott from Centreville.

The two 19-year-olds are former military cadets who think they've got the skills to

beat out the other teams, according to the show's website.

The second team of Nova Scotians is composed of the "laid-back, down-to-earth" brothers Brent and Sean Sweeney from Musquodoboit Harbour.

The duo says on the show's website that they are confident they'll school the competition with their strong will and determination.

+ PREMIERE

Amazing Race Canada premieres on Wednesday, July 8 on CTV.

The two Nova Scotia teams will compete against 12 other teams from across the country for the \$1-million grand prize.



One of two N.S. teams: Brent and Sean Sweeney. CONTRIBUTED

LAW SUIT

Roofers sue church that burned down

A Halifax company, whose negligence officials at a Nova Scotia church believe caused the historic building to burn down, is suing the church for unpaid work it did to its roof.

Linear Roofing Ltd. is seeking \$42,780 plus interest under the Builders' Lien Act from St. Mary's Polish Church in Sydney.

The statement of claim filed in Nova Scotia Supreme Court states that after the company's work to reroof and resheath the building was satisfactorily completed, the church caught fire and was destroyed. The claim states that its work did not cause the fire and its work was completed before the destruction of the church.

The claim states that the date of the last performance of services or delivery of materials was Nov. 29, 2014 — the day the century-old church burned to the ground.

The church is owned by the Catholic Episcopal Corp. of Antigonish.

Tom Urbaniak, chair of the St. Mary's parish council, said they first learned of the pending lawsuit in March and he de-

scribed the reaction as surprise and disappointment.

"Immediately after the fire, knowing that the workers who were working on the roof were devastated and tearful and apologetic to people who were on the scene, we reached out publicly in friendship and solidarity, making clear that we hold no ill will," Urbaniak said.

"We didn't hear from the roofing company before receiving that formal letter from their lawyer stating that there would be legal action."

A statement of defence hasn't been filed. CAPE BRETON POST



St. Mary's Polish Church is engulfed by flames on Nov. 29, 2014. CAPE BRETON POST

IN BRIEF

Woman hit by tractor-trailer in crosswalk

Police are investigating after a 50-year-old woman was hit in a Halifax intersection by a tractor-trailer on Tuesday.

According to a release, Halifax Regional Police responded to a vehicle/pedestrian collision at 2:12 p.m. at the intersection of Lower Water and Morris streets.

The woman was crossing Lower Water in an unmarked crosswalk when she was hit by the tractor-trailer. The tractor-trailer left the scene and was followed by a witness to Africville Road, where police said it was later stopped by officers.

The pedestrian was taken

to hospital by paramedics with what are believed to be non-life-threatening injuries. No charges have been laid.

METRO

Police search leads to child-porn charges

Police in Halifax have charged a 29-year-old Lower Sackville man with possession of child pornography.

The RCMP say they searched the man's home on May 20 and found devices that contained child pornography. Matthew David Rideout was arrested on May 22 and released from custody on the condition that he appear in Dartmouth provincial court on July 21. METRO

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*See O'Regan's dealer for details. Skill testing question required. Fleet & Commercial excluded.

MENTAL HEALTH

Missing patient a risk to herself: Officials



Jocelyn Nelson went missing from a local hospital. CONTRIBUTED

The Nova Scotia Health Authority was asking for the public's help locating a missing patient on Tuesday night.

According to a release issued around 7 p.m., Jocelyn Nelson went missing from a Halifax hospital during the day and never returned.

The release said the longer Nelson was away without treatment, the bigger risk she was to herself.

Nelson is 24, five-foot-three and 105 pounds. She has brown eyes and long brown hair with a pink tint.

She was last seen wearing a purple and blue sweater with burgundy jeans. She also has two small metal ball piercings on her lower lip.

A statement says a mental-health mobile crisis team is working with officers and Nelson's family to find her. METRO



Community Services Minister Joanne Bernard, left, in conversation with provincial advisor Dale Gruchy and Nova Scotia Community College Kingstec campus principal Isabel Madeira-Voss on Tuesday. KING'S COUNTY REGISTER

Educating each other

ASSAULT PREVENTION

Youths asked to make tools for combating sexual violence

Young people in Nova Scotia are being called on to come up with new ways to educate their peers about sexual assault as part of a provincial strategy that follows several high-profile cases involving sexualized violence.

Community Services Minister Joanne Bernard said Tuesday that the unique approach will include a \$500,000 fund for students and youth groups to develop tools to teach people about sexual violence.

She said the money can be used for things like apps or social media pages that address issues such as consent and healthy relationships.

"We've never involved a highly vulnerable group, which of course are youth, in the conversation to the point where they can affect change, and that's what we're doing," Bernard said.

The innovation fund is one facet of a broader \$6-million, three-year initiative to combat sexual violence through education, prevention and improved

support for victims.

Premier Stephen McNeil said the province's first sexual violence strategy will create nine community support networks to help victims, while expanding a nurse examiner program for people who have been sexually assaulted to Sydney and western Nova Scotia.

People who staff existing crisis lines will get special training on sexual violence.

Lucille Harper, executive director of a sexual assault centre in Antigonish, said the strategy hits all the right marks but doesn't yet contain many specifics.

Bernard said the province wanted to develop a policy on sexual violence after the death of Rehtaeh Parsons, who attempted suicide reportedly after a picture of her being sexually assaulted was distributed in 2013.

Two universities in Halifax were also faced with cases involving sexually violent behaviour by students.

Dentistry students at Dalhousie University posted sexually violent messages on a private Facebook page last year, while students at Saint Mary's University were videotaped singing a chant about non-consensual, underage sex in 2013.

THE CANADIAN PRESS

Whether we like it, young people in elementary and junior high are talking about sexual violence and they are going to be the leaders in bringing programs in to help their peers.

Community Services Minister Joanne Bernard

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Plaskett back on Polaris list

MUSIC

Dartmouth singer jokes about his many nods at event



Zane Woodford
Metro|Halifax

Joel Plaskett has been here before.

He's back on the long list for the Polaris Music Prize for the fourth time in his career with his new album, *The Park Avenue Sobriety Test*.

"I feel like it's a strong record, but I really was curious to see how it was received because I felt like it could be interpreted as ... yet another Joel Plaskett album," he said after the list was announced at the Carleton Music Bar in Halifax on Tuesday.

For Plaskett, the nomination not only validates the work he's done on that album, but also makes him feel like he's

still relevant, 22 years into his career.

"It makes me feel a little bit less like a legacy act," he said. "I feel like at least what I'm doing is still contemporary in the Canadian landscape."

Two of Plaskett's albums — *Ashtray Rock* and *Three* — made the short list in 2007 and 2009.

He's never taken home the top prize, but that's not keeping the Dartmouth troubadour up at night.

"What's the best record? The edgiest one, or the most unique one or the one that sounds like nothing you've ever heard before? My record doesn't sound like nothing you've ever heard before," he said.

"It doesn't hurt my feelings because I don't feel like I'm reinventing the wheel; I'm writing songs I really care about."

The list of 40 Canadian artists was announced 10 artists at a time by presenters including Mayor Mike Savage and South Shore folkie Old Man Luedecke.

Nova Scotia indie favourites

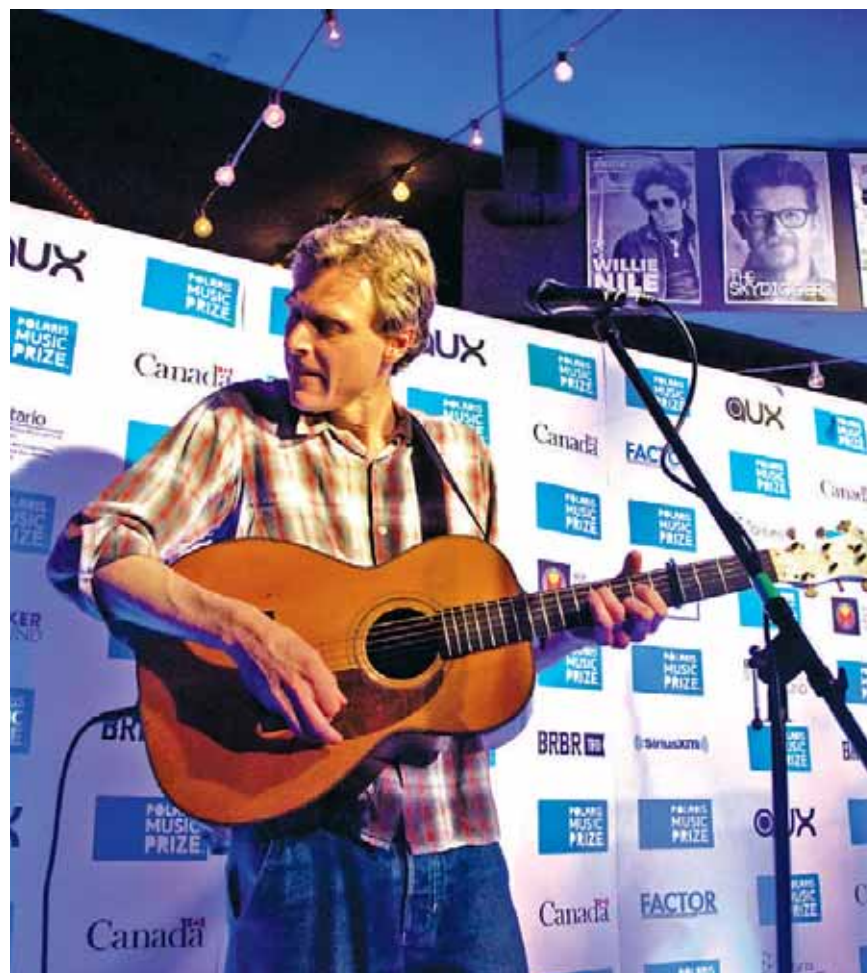
This is Canadian indie rock's ground zero for many and we wanted to come here to reveal our long list.

Steve Jordan, executive director of the Polaris Music Prize

Alvvays also made the list for their self-titled debut album, along with Rich Aucoin for his latest album, *Ephemeral*.

But Plaskett's name got a louder cheer than most from the adoring crowd of Halifax musicians and music fans, and he played two songs afterwards from his new album.

The Polaris long list will be narrowed down by July 16, and those who make that short list will get \$3,000 this year. The grand prize — which has grown from \$30,000 to \$50,000 this year — will be given away in Toronto on Sept. 21.



Joel Plaskett performs during the unveiling of the Polaris Prize Long List at the Carleton on Tuesday. JEFF HARPER/METRO

FOUR POLARIS ALBUMS WITH A NOVA SCOTIA CONNECTION

Whitehorse: Hamilton, Ont.-based husband-wife duo Whitehorse made the cut for the second time with their new album, *Leave No Bridge Unturned*, and the



pair has a Halifax connection. One half of the duo, Luke Doucet,

was born in Halifax, and helped present some of the long list at Tuesday's announcement. "Whatever positivity wants to get thrown our way, we'll take it," he said afterwards.

Rich Aucoin: Rich Aucoin makes the Polaris long list this year for the second time with his latest album, *Ephemeral*. The album is synched to the 1979 clay-



mation film of *Le Petit Prince*, like his first album, *We're All Dying To Live*, was synched with *How the Grinch Stole Christmas*. The Halifax musician is finishing up a European tour at the end of the week.

Alvvays: Alvvays are a new addition to the Polaris list, adding another conquest on their path to indie world domination. The Cape Breton-bred, Toronto-based band's sound has been praised by hipster trend-setter



Pitchfork, and they had their single, *Archie, Marry Me*, covered by Death Cab For Cutie's Ben Gibbard. Singer Molly Rankin is the daughter of the Rankin family's John Morris Rankin.

Joel Plaskett: Joel Plaskett made the long list for the fourth time with his new album, *The Park Avenue Sobriety Test*, or *P.A.S.T.* Plaskett's ninth studio album



is a look back on his career, featuring a supporting cast of friends old and new adding their musical talents. He told Metro Halifax the nod from Polaris is "a nice recognition and a degree of validation."

2015
BETWEEN: SUPREME COURT OF NOVA SCOTIA Hfx No. 436222
CIBC Mortgages Inc., trading as FirstLine Mortgages, a body corporate PLAINTIFF
- and -
Troy Vincent Burke DEFENDANT
NOTICE OF PUBLIC AUCTION
To be sold at public auction under an Order for Foreclosure, Sale and Possession, unless before the time of sale the amount due to the Plaintiff on the mortgage under foreclosure, plus costs to be taxed, are paid:
Property:
Building, lands and premises known as 512 Arklow Drive, Cole Harbour, Halifax County, Nova Scotia, identified by PID 40134561 and referenced at Schedule "A" of the mortgage dated June 3, 2008 and recorded at the Land Registration Office for Halifax County as Document No. 90802084. This property is registered pursuant to the Land Registration Act.
Subject to an easement/right of way and restrictive covenants described in a deed recorded on December 20, 1982 at the Halifax County Registry of Deeds in Book 3637 at Page 518 as Document No. 53601.
A copy of the description of the property, as contained in the mortgage foreclosed, is on file at the Prothonotary's office and may be inspected during business hours.
Date of Sale: Monday, June 22, 2015
Time of Sale: 10:00 a.m. local time.
Place of Sale: Halifax Law Courts, 1815 Upper Water Street, Halifax NS B3J 1S7.
Terms: Ten per cent (10%) deposit payable to "Burchells LLP, in trust" by cash, certified cheque or solicitor's trust cheque at the time of sale, remainder within fifteen (15) days upon delivery of deed.
Signed May 15, 2015
Nicholas C. G. Mott
COX & PALMER
1100-1959 Upper Water Street
PO Box 2380 Central
Halifax, NS B3J 3E5
Solicitor for the Plaintiff
I. Andrew Rankin, Barrister
Burchells LLP (Halifax Office)

2015
BETWEEN: SUPREME COURT OF NOVA SCOTIA Hfx No. 436224
CIBC Mortgages Inc., a body corporate PLAINTIFF
- and -
Tiffany Joan Reynolds (also known as Tiffany Joan Crosby) and Steven Terry Reynolds DEFENDANTS
NOTICE OF PUBLIC AUCTION
To be sold at public auction under an Order for Foreclosure, Sale and Possession, unless before the time of sale the amount due to the Plaintiff on the mortgage under foreclosure, plus costs to be taxed, are paid:
Property:
Building, lands and premises known as 15 River Road, Ship Harbour, Halifax County, Nova Scotia, identified by PID 607689 and referenced at Schedule "A" of the mortgage dated December 10, 2007 and recorded at the Land Registration Office for Halifax County as Document No. 89694286. This property is registered pursuant to the Land Registration Act.
A copy of the description of the property, as contained in the mortgage foreclosed, is on file at the Prothonotary's office and may be inspected during business hours.
Date of Sale: Monday, June 22, 2015
Time of Sale: 10:30 a.m. local time.
Place of Sale: Halifax Law Courts, 1815 Upper Water Street, Halifax NS B3J 1S7.
Terms: Ten per cent (10%) deposit payable to "BOYNECLARKE LLP, in trust" by cash, certified cheque or solicitor's trust cheque at the time of sale, remainder within fifteen (15) days upon delivery of deed.
Signed May 15, 2015
Nicholas C. G. Mott
COX & PALMER
1100-1959 Upper Water Street
PO Box 2380 Central
Halifax, NS B3J 3E5
Solicitor for the Plaintiff
Ian Brown, Barrister
BOYNECLARKE LLP (Halifax Office)

The Donald seeks Republican nod to become The President

U.S. ELECTION

American dream will be back, iconic developer vows

Donald Trump might never be president of the United States — at least not judging by the mockery from Democrats and mournful tweets from some Republicans following his campaign launch Tuesday.

But he just might have succeeded in carving out a place in American political history, with one of the more unusual announcement speeches of any candidate.

The bombastic billionaire arrived onstage by escalator, descending to the tune of Rocking In The Free World. His choice of theme music, a song about American decline sung by a Canadian liberal, Neil Young, was hardly the day's biggest surprise.

After toying for years with the idea of a presidential run, the real-estate mogul announced his plan to seek the Republican nomination.

He proceeded to speak without notes for nearly an hour, during which he:

• Insulted Mexicans:

Trump promised to build a wall along the border and force Mexico to pay for it. "They are not our friend, believe me. They are killing us economically. The U.S. has become a dumping ground for everybody else's problems. When Mexico sends its people, they are not sending their best... They are bringing



Supporters of real-estate developer Donald Trump, below, line the lobby of Trump Tower in New York Tuesday before his announcement that he will seek the Republican nomination for U.S. president. RICHARD DREW/THE ASSOCIATED PRESS PHOTOS

I'll bring back our jobs from China, Japan, Mexico, so many other places. And I'll bring back our money.

Donald Trump

drugs. They are bringing crime, their rapists, and some I assume are good people."

• Made bold promises:

"I will be the greatest jobs president that God ever created, I tell you that. I'll bring back our jobs from China, Japan, Mexico,

so many other places. And I'll bring back our money."

• Drew sweeping conclusions from his Republican rivals' campaign launches, which he found lacking:

"They didn't know the air conditioner didn't work. They



sweated like dogs. They didn't know the room was too big... How are they gonna beat ISIS?"

• Plugged his golf courses:

He insulted President Barack Obama for playing so much golf, then pivoted into a sales

pitch: "I have the best courses in the world. So I'd say, if you want... I have one right next to the White House."

• Called many people stupid:

America's leaders for paying interest on debt; New York State officials who allowed prisoners to escape — all branded with the same dreaded epithet: "How stupid are our leaders?"

• Compared the Chinese to Super Bowl champion Tom Brady:

"I just sold an apartment for \$15 million to someone from

+\$8.7 BILLION

Trump said his team of accountants had spent months tabulating his net worth. They finally settled on \$8.7375 billion.

"I'm really rich. And by the way, I'm not even saying that (to) brag. That's the kind of mindset, the kind of thinking, you need for this country... We have the opposite thinking: We have losers."

China. Am I supposed to dislike them?... I love China. But their leaders are much smarter than our leaders. It's like having Tom Brady and the New England Patriots playing a high-school football team."

• Issued tariff threats:

One of the things he'd do, he said, is call Ford's president and say: "Congrats on building the new plant in Mexico... Lemme give you the bad news." The bad news? A 35 per cent tax on every part made in Mexico, until Ford moves a plant to the U.S.

• Teased Secretary of State John Kerry for breaking his leg while bicycling:

Trump said he'd be busy preventing Iran from getting a nuclear weapon instead of cycling.

His speech carried several dire comparisons of the U.S. to a "Third World country" because of crumbling infrastructure. But he concluded on a positive note: "Sadly, the American dream is dead. But if I get elected president, I will bring it back — bigger, and better and stronger." THE CANADIAN PRESS

POLITICS

Trudeau says he'd scrap first-past-the-post electoral system

Justin Trudeau wants this fall's national vote to be the last federal election conducted under the first-past-the-post electoral system.

And, if the Liberal leader becomes prime minister, it may also be the last election in which Canadians can choose not to vote, as well as the last in which the only way to vote is by marking an X on a paper ballot.

Changing the way Canadians vote is just one element of a sweeping, 32-point plan to "restore democracy in Canada" that Trudeau announced Monday.

Some of the measures have been previously announced,

such as strengthening access-to-information laws; empowering backbench MPs by allowing more free votes and beefing up legislative oversight by Commons committees; and ending partisanship in the scandal-plagued Senate.

Others are new or build upon previous commitments. Among other things, Trudeau promised a Liberal government would:

• Reform question period in the House of Commons so that one day each week would be devoted solely to grilling the prime minister.

• Appoint an equal number of men and women to cab-

inet and adopt a government-wide appointment policy to ensure gender parity and greater representation of aboriginal people and other minorities.

Perhaps the most ambitious promise, however, is Trudeau's vow to do away with first-past-the-post (FPTP) in time for the next election.

The current system badly distorts voters' choices, allowing a party to win the majority of seats in the House of Commons with less than 40 per cent of the votes.

First-past-the-post has long been viewed as the primary culprit behind declining turnout, contributing to Canadians' be-

lief that their votes don't count.

Trudeau personally favours replacing it with preferential balloting, in which voters rank their first, second, third and subsequent choices.

If no candidate receives an absolute majority on the first ballot, the last-place candidate is eliminated and his or her supporters' second-choice votes are counted. That continues until one candidate receives over 50 per cent.

However, Trudeau has also said he's willing to consider proportional representation, a more complex reform for which there are a variety of models. THE CANADIAN PRESS



Liberal Party Leader Justin Trudeau holds up a party brochure in Ottawa on Tuesday. SEAN KILPATRICK/THE CANADIAN PRESS



PARIS BOEING STRIKES BIG DEAL AT AIR SHOW Korean Air CEO Cho Yang-Ho and Boeing Commercial Airplanes president and CEO Ray Conner pose at the International Paris Airshow at Le Bourget. Boeing landed the biggest order of the show so far with a deal for 100 of its 737s yesterday. AFP/GETTY IMAGES

PRIVACY STANDARDS

Activists depart from facial recognition talks

Retailers have the ability to scan your face digitally, and use that identification to offer you special prices or even recognize you as a prior shoplifter. But should they use it? Should they get your permission first?

Privacy advocates announced yesterday they have walked away from a U.S. government-run effort with industry intended to answer these questions.

The idea behind the negotiations was to hash out voluntary protocols for facial-recognition

technology in a way that doesn't hurt consumers. The Commerce Department's National Telecommunications and Information Administration, or NTIA, was acting as mediator.

The two sides had been meeting for 16 months, including last week, until the nine major privacy groups said they had hit a dead end and that "people deserve more protection than they are likely to get in this forum."

"At a base minimum, people should be able to walk down a

public street without fear that companies they've never heard of are tracking their every movement — and identifying them by name — using facial recognition technology," the groups said. "Unfortunately, we have been unable to obtain agreement even with that basic, specific premise."

Industry groups said they still believe consensus could be found on issues such as transparency, notification and data security.

The ability to apply a unique signature to a person's face, even

if you don't identify them by name, is particularly invasive, according to privacy advocates.

"You can change your password and your credit-card number; you cannot change your fingerprints or the precise dimensions of your face," the privacy groups said in yesterday's statement.

"Through facial recognition, these immutable, physical facts can be used to identify you, remotely and in secret, without any recourse." THE ASSOCIATED PRESS

Any increase too much for families: Poll

MORTGAGE PAYMENTS

Homeowners would face hard times with a 10% increase

Nearly half of Canadian homeowners are taking steps to cut their mortgage debt, but many would be in trouble if their monthly payments grew even slightly, a survey by Manulife Bank of Canada suggests.

Manulife says 18 per cent of homeowners made extra lump-sum payments towards their mortgages in the past year, while 17 per cent increased their regular payments. Another 5 per cent of respondents did both.

In total, 40 per cent of the homeowners polled made extra mortgage payments during the past year, while 60 per cent did not. The average amount of additional mortgage payments was \$6,300.

Manulife Bank of Canada's president and CEO Rick Lunney said it's encouraging that many

homeowners are taking steps to reduce their mortgage debt.

However, the survey also found more than a third of homeowners polled would face financial hardship if their mortgage payments increased by just 10 per cent.

"Having your payments go up 10 per cent sounds like a lot, but if you have a \$200,000 mortgage and interest rates go up 1 per cent, that's a 10 per cent increase in your mortgage payments," Lunney said. "So there's not much room here for those people."

Meanwhile, another 15 per cent of homeowners said they couldn't handle any increases at all in their mortgage payments.

Manulife polled 2,372 Canadian homeowners in all provinces from Feb. 10-27. Respondents were all between the ages of 20 and 59 and had a minimum household income of \$50,000.

The polling industry's professional body, the Marketing Research and Intelligence Association, said online surveys cannot be assigned a margin of error. THE CANADIAN PRESS

IN BRIEF

Toyota recalls 1.4M vehicles

Toyota is adding 1.4 million cars, trucks and SUVs to a growing recall for air bags that can explode with too much force. Vehicles added to the recall include the 2003 to 2007 Corolla and Matrix, 2005 and 2006 Tundra pickup, 2005 to 2007 Sequoia SUV and the 2003 to 2007 Lexus SC430 convertible. THE ASSOCIATED PRESS

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PROCON

Is home-schooling a good idea?

YES: Home-schoolers are high achievers

Mom and dad make great teachers — and they're choosing to fill that role more than ever. A Fraser Institute study released Tuesday showed home-schooling grew 29 per cent in Canada from 2007 to 2012, while public school enrollment fell 2.5 per cent. The authors cited research suggesting home-schooled children score higher on academic tests, if they follow a structured program. The institute, which is conservative and favours parental choice, also pointed out that home-schooling saves governments \$256 million each year.

NO: School is the best place to learn social skills

Many parents worry home-schooled kids miss out on the intangible benefits of going to school that are hard to capture in studies, such as learning how to make friends. Also, the evidence of home-schooling's academic benefits is scant — one Canadian study the Fraser Institute cites had only 74 participants. Another, though its sample size was in the thousands, involved home-schooling families who chose to participate and was authored by the president of the National Home Education Research Institute.

ROSEMARY WESTWOOD

metroview

Real change, not just election reform, will to inspire youth

You know what's great?

Two of the big three political parties are promising electoral reform, in a bid to combat voter apathy.

It's already part of the NDP's election platform. Yesterday, the Liberals said they'll replace our first-past-the-post system with a process more in line with the popular vote.

It's worth a try, given the Conservatives' majority is based on the support of just one-quarter of eligible voters (39 per cent of ballots cast).

But you know what would be better? A party that bothered to speak to young people.

They — we — are at the heart of the problem. Youth turnout has been nosediving since the 80s, dragging the overall rate with it. Only 38.8 per cent of people 18 to 24 voted in the last election (compared to 61.1 per cent overall). And, crucially, we're not becoming voters as we age.

This isn't a fringe issue for Canadians. Our democracy is suffering. Politicians can get what they want no matter how few of us vote. We can't say the same.

And it's not a problem of engagement. As UBC politics professor Max Cameron told me, "Young people have an enormous vocation for public service and a great interest in public affairs, but very few express that in terms of partisan politics."

That's because partisan politics ignores us.

Liberal Leader Justin Trudeau cares so deeply about the middle class, it's all he seems to talk about. And just yesterday NDP Leader Thomas Mulcair gave his own speech claiming dedication to the middle class. Whoever they may imagine belongs to this class, it's not young people.

Politicians flick at the youth unemployment rate and believe that — just by acknowledging it's abysmal — we trust them to fix it. We don't. Same goes for climate change. Any plans to dramatically reduce tuition fees, by chance? Or rent costs?

No, the political parties aren't all the same, but they seem more like soda brands fighting for market share than alternate visions of how to organize society, as Cameron told me. Will the next government shift us away from oil production or close the wage gap, end the war on drugs or even dramatically shrink the public service?

As much as I scorn the word disruptive, I could use some disruptive politics — say, the opportunity to elect someone other than a white man, seeing as, you know, we're not all white men.

So, thanks for the election reforms, guys. But I'll be shocked if they inspire young Canadians who don't vote and may never.

Science and society show gender is fluid

THE SCIENCE

Stephanie Orford



Until very recently, we thought about gender the way we think about signs on washroom doors. There are two options: male and female.

But at least since endocrinologist Harry Benjamin first published research about his transgender patients in the 1960s, scientists have observed that people have a range of gender identities.

"The notion ... that there are only two sexes has actually been frequently overturned in science," says Elizabeth Saewyc, a professor of nursing and adolescent medicine at UBC who leads the Stigma and Resilience Among Vulnerable Youth Centre at UBC. "There's a bit more of a continuum."

Now Canadians' awareness of gender variation is finally catching up with the science. As discussions about gender identity hit the mainstream, we need to make sure sensitivity and respect are always part of the conversation.

Many Canadians had a gender epiphany earlier this month when Caitlyn Jenner, formerly Bruce Jenner, pushed transgender issues into the mainstream with her Vanity Fair cover. Last week pop star Miley Cyrus revealed her fluid gender identity in an interview with Paper Magazine.

The conversation is rippling across the politics and policy worlds, too. An Ontario judge has ruled that a transgender child whose parents were fighting over her identity should be allowed to discover that identity for herself (she identifies as female).

On June 1, the Alberta Bill of Rights was amended

to include the rights of Albertans to determine their own gender identity and express it as they please.

As many as one in 100 people have gender identities that are different from their biological sex at birth.

Many biological causes of transgender identity have been suggested, but none have been proven definitively. It's a highly complicated interplay of genes and environment, and many aspects are still unknown.

Scientists do know gender identity is deeply ingrained early in life, likely before birth, says Saewyc.

As we find out more and grapple with the rights, social norms and expectations around the many variations of gender identity, Canadians need to accept and embrace that variations — much like variations in sexual orientation — are natural, normal and can't be changed.

Many biological causes of transgender identity have been suggested, but none proven definitively. It's a highly complicated interplay of genes and environment.

"It's really important to recognize and celebrate the diversity of human gender and sex," says Saewyc. "For far too long we have, as societies across the world, discriminated and stigmatized against people who are outside the stereotypical binary."

Stephanie Orford is a Vancouver-based writer. The Science appears every other Wednesday.

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THERE IS NOTHING NEW IN ART EXCEPT TALENT.

CHEKHOV

Unshaven armpits all the rage

PERSONAL GROOMING

Women take on mainstream beauty standards with natural look

On social media and red carpets, from New York to China, hairy underarms are having a mainstream moment.

Women are proudly showing off their growth on Instagram and YouTube, and it's not just Miley Cyrus anymore. Jemima Kirke of Girls flashed her fair-colored au naturel look — earning some cringes — at the June 1 CFDA awards, one of the top fashion events of the year.

On Sina Weibo, a popular microblogging site in China, the women's rights activist known as Xiao Meili held an Armpit Hair Competition to protest societal pressure on women to shave under there.

Her effort earned more than 1.7 million hits.



Katherine Anne True. KATHERINE ANNE TRUE VIA THE ASSOCIATED PRESS

"In the past two decades, there have been a lot of commercials and advertising for hair removal cream and laser removal of hair that have talked about women needing to shave their underarm hair," said the 25-year-old Xiao, whose real name is Xiao Yue.

"My mother's generation didn't care about that, but now it has become a headache for women in the summer as they have to consider whether to shave that area or not," she said.

Love it or hate it, not shaving under the arms has morphed into a call to action for other women as well who are looking to be free of the constraint or choose for themselves without ridicule.

Mom Katherine Anne True, a registered nurse in Raynham, Mass., recently showed off her underarm growth on Instagram.

"I started it a few months ago before I knew it was a trend," said True, 30.

At first, it was just for fun. Then the extra hair was met by cringes from her five-year-old daughter and nine-year-old niece.

"When the girls told me I 'had' to shave those' and were grossed out it was kind of starting that these gender stereo-

types were already so ingrained at these ages," True said. "I do it, or rather don't do it, for me but also as a reminder to my daughter that it's up to the individual what we decide to do with our bodies."

Some celebrities have been sporting armpit hair forever. Julia Roberts sported the grown-out look in 1999 at the London premiere of Notting Hill.

Angelique Serrano, beauty director for InStyle magazine,

said there's clearly no one right way to approach the pits, on feminist, beauty or hygiene grounds. The magazine offered a tutorial on its website late last year

on how to achieve neon Rainbow Brite tints with bleach and Manic Panic dye after the hashtag #dyedpits popped up

on Twitter and Instagram.

"With the help of social media, the conversation is reaching a new level," she said. "People are sharing their personal choices in a public way."

THE ASSOCIATED PRESS

BODY HAIR CHOICES

Expression of identity is the key

Maria Del Russo, a beauty editor for the millennial-focused fashion, style and beauty site Refinery29, said expression of identity is key in the mix. If there's any statement to be made, she said, it's this: "What one woman decides to do with her body hair is her business, and hers alone. For plenty of women, it's just hair."



Jemima Kirke arrives at the 2015 CFDA Fashion Awards. EVAN AGOSTINI/INVISION/THE ASSOCIATED PRESS FILE

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Weeknights at 6 Hannah counts down the HOTTEST songs of the day.

TOP SIX@6 LAST NIGHT:

- 6 Maroon 5 This Summer's Gonna Hurt
- 5 Pitbull ft. Chris Brown Fun
- 4 Jason Derulo Want To Want Me
- 3 OMI Cheerleader
- 2 David Guetta ft. Afrojack & Nicki Minaj Hey Mama
- 1 Taylor Swift ft. Kendrick Lamar Bad Blood

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IMPROMPTU DUET GOES VIRAL

Sheeran surprises in Edmonton

A budding young pop singer says she got the surprise of her life from one of the world's biggest pop stars while performing at one of the world's largest shopping malls this weekend.

Sydney Bourbeau was halfway through covering Ed Sheeran's Thinking Out Loud at West Edmonton Mall on Sunday when Sheeran himself, who just happened to be at a nearby music store, hopped on stage and helped her.

The 13-year-old Grade 8 student says she initially thought Sheeran, who was wearing thick-rimmed glasses and a plaid shirt, was a stage hand coming

to help her with the microphone stand.

With the crowd roaring its approval and people scrambling for their phones, Sheeran and Sydney shared the mic for a verse and a chorus.

Then, giving Bourbeau a hug, the British megastar was gone as quickly as he arrived, allowing the youngster to finish up.

Sydney was performing at the mall as part of a concert to mark the end of a fundraiser for the Humane Society hosted by her music school Resonate.

She says Sheeran's manager got in touch with her later that day to offer her tickets to Sheeran's show in Ed-

monton that night.

He sent her a message again during the show asking her if she wanted to come backstage, but she didn't see that one until after she was already home.

Still, she says the encounter, which has been posted by a handful of different people on social media, made her pretty popular at school on Monday.

THE CANADIAN PRESS



It was nuts.... Like everyone at school knew and they were all like, 'Oh my goodness, you are famous!'

13-year-old mall singer
Sydney Bourbeau



FROM AMERICAN IDOL TO QUEEN

Lambert's fans span generations

When it comes to spanning the generational divide among music fans, Adam Lambert may have figured it all out: write catchy, hook-laden pop and dance tracks for the kids and sell pricey concert tickets for one of the all-time classic rock bands to their parents.

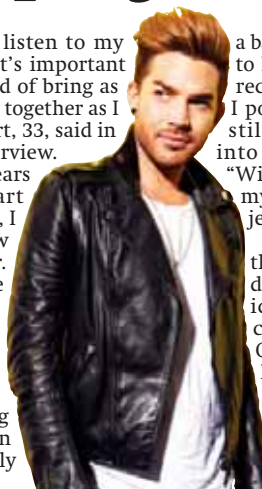
Fresh off a wildly successful world tour fronting Queen, Lambert is back with his third studio album, The Original High, released Tuesday. Its mix of dance club, pop and emotional ballads couldn't be more different from the music he's been performing for the past two years.

"I have a lot of different

people that listen to my music, and it's important to me to kind of bring as many people together as I can," Lambert, 33, said in a recent interview.

"Now, six years into this part of my career, I think I know myself better. I think I have a stronger idea of my artistic identity and who my fans are."

"Working with Queen was definitely



a balancing act of trying to honour the original recordings as much as I possibly could, while still injecting myself into them," he added. "With this project, it's my name on the project."

Lambert burst onto the scene in 2009, auditioning for American Idol with an a cappella version of Queen's Bohemian Rhapsody. He made it to the finale, finishing second to Kris Allen.

THE ASSOCIATED PRESS

St. Vincent tames Cara's wild ways

#STCARA

Busy model is ready to settle down with singer: Source

Emily
Laurence
Metro | New York City

Model Cara Delevingne has famously dated Harry Styles and Michelle Rodriguez, but it's none other than St. Vincent singer Annie Clark who has turned the upcoming Paper Towns actress from party girl to domestic partner.

A source close to the couple allegedly tells Closer magazine that the couple are "so in love" with each other and are living together in easy domestic bliss.

"They both say they feel like they've found 'The One,'" the source says. "When Annie asked Cara to move in together, she said yes immediately. They feel real settled at the moment."

Delevingne is at a pivotal moment in her modelling and acting career.

Fresh from jointly promoting Burberry, the British model teamed up again with Kate Moss to lead Mango's fall/winter 2015 ad campaign.

Called #somethingincommon, the campaign, which will be Moss's third for the fashion brand, was shot in Toronto.

She also stars in the upcoming



Cara Delevingne and Annie Clark, seen here in Cannes last month, are said to be going strong. ALL PHOTOS GETTY IMAGES

ing Paper Towns, showing off her acting chops and a decent American accent in the film based on the novel by John Green (who also penned The Fault in Our Stars).

But even Delevingne's busy

schedule can't keep her apart from Clark. The source goes on to say that neither one of them hesitates to jump on a plane, even if it's just for a few hours of time together. Team #StCara for the win!

IN BRIEF: PARENTING DECISIONS, PREHISTORIC LOVE TRIANGLE, NO JESSE PINKMAN SPINOFF

IN HOLLYWOOD

Ned
Ehrbar



Zoe Saldana keeping her kids under wraps

New mom Zoe Saldana is going to great lengths to respect the privacy of her six-month-old twin sons. That means you won't be seeing any photos with their faces any time soon, so bad news for you, Obsessive Celebrity Kid Watchers. (Wow, that sounds creepy.)

"I just don't want 16 years from now to get, 'You are so disrespectful. You invaded, you exposed me and I



Zoe
Saldana

wasn't ready.' Even though they're babies and they're under our care, it's still their face," Saldana tells E! News. "Right now they're not in the position to speak for themselves or make a decision. I don't want to make it for them."

She will, however, post Instagram photos of the backs of their heads, apparently. So at least that's something?

Anna Faris jealous of a dinosaur

Anna Faris is really trying to be an understanding wife to Chris Pratt, but she just doesn't like the way a certain Jurassic World co-star has been looking at him. In the record-breaking blockbuster, Pratt's character has a very close bond with one velociraptor in particular named Blue.

How close of a bond? So close that Faris took to Twitter to voice her concerns. "Honey, what

if I'm the littlest jealous of Blue?" she wrote. "I mean, she's hot, smart and you clearly adore her. Thoughts?"

Pratt himself responded, hoping to put his wife's fears to rest. "She's a little cold-blooded for my taste," he tweeted. "But seriously, nothing happened." That's his story and he's sticking to it.



Anna Faris and
Chris Pratt

Aaron Paul punks, saddens Breaking Bad fans

Breaking Bad star Aaron Paul apparently wants to use his fame and social media moxie for evil, not good. He recently teased fans in a Periscope video about a Breaking Bad spin-off chronicling the exploits of his character, Jesse Pinkman, after leaving Albuquerque.

"I'm going to tell you all some news that I've been dying to tell you for some time,"



Aaron
Paul

he offered. "Listen, there's some super top-secret news that I am so proud to tell all of you. It's very exciting."

Except that it was all a joke. And fans got so worked up after it that he had to tweet an apology: "Sorry for the joke, everybody." Not cool, Pinkman.

Not cool. In not-fake news, the 35-year-old Paul was recently cast in Central Intelligence, an upcoming action-comedy starring Kevin Hart and Dwayne Johnson.

Father's Day grub he won't snub

QUICK FIX TESTOSTERONE

Boost dad's manliness with these vitamin-rich delights

WORD OF MOUTH

Theresa Albert

myfriendinfood.com



In a recent survey about gifts for Father's Day, one third of dads polled said they don't want a gift on June 21 — they just want to spend quality time with the family.

Cooking together is one way to do it, so here are the top three foods he needs to satisfy that hormone called testosterone.

These foods contain three key nutrients: zinc, protein and vitamin D to help build the critical hormone. The other items that the research points to for healthy T are a reduction of unhealthy weight and excess sugar as well as an increase in



Foods that are high in protein, zinc and vitamin D are sure-fire hits for dad this Father's Day. iStock

muscle-building activity. But don't pester him on Father's Day; just pass him these great guy foods:

Grass fed beef

High in protein and zinc and lower in the saturated fats that can interfere with hor-

mone regulation. Let him build the fire (ok, light the BBQ) and grill it like the hunter he is at heart.

Shrimp

Containing vitamin D and omega 3 fats, these babies go on the grill right next to the beef and scream man food. Be sure you check the source of such shrimp, though. Marine Stewardship Council Certified (look for the MSC blue logo) is critical. Many shrimps are grown in fetid, antibiotic laden waters in Asia.

Pumpkin seeds

Loaded with Zinc and Magnesium to support his muscles that support his manliness, these green pepitas are easy to sneak in. Use them in place of croutons in your Caesar Salad and call it a good Father's Day. Theresa is a food and health expert and nutritionist who loves to spread the word on food.



SUMMER DRINKS

A Brit's taste of summer

LIQUID ASSETS

Peter Rockwell

@therealwineguy



England's classic aperitifs are making a comeback as home bartenders look for simple-to-make cocktails to help celebrate the coming of the summer season.

mer season.

You can't get more old-school than Pimm's No. 1 Cup (\$22.59 - \$27.98). Invented by James Pimm in 1823, it's a gin-based spirit made with a secret blend of herbs, fruit juices and liqueurs.

The Brits like it stirred with sparkling lemonade (often re-

placed with ginger ale in North America) over ice and is typically garnished with a wedge of orange and a sprig of mint. Mixology doesn't get any easier or refreshing.



CALORIE COUNTING

Google adds up the pounds

A new Google feature launched Tuesday displays the nutritional values of popular fast foods as part of a web search.

To check exactly how much fat or protein is in a Big Mac or a Whopper simply type "Big Mac Calories" and Google will display the answer - 563 calories for one burger - alongside a full

nutritional breakdown of the item in question. Or, if accessing search via Google Now on an Android device, just ask the question for the same results.

The feature isn't limited to McDonald's and Burger King; Google says that the menus for many "popular restaurant chains" are also included. Nor is

a search limited to a single item. A whole menu can be viewed so that a meal can be chosen based on its nutritional content.

Earlier this year, Google began floating a new app called Im-2Calories, which estimates the number of calories in a meal immediately after a user photographs it. AFP

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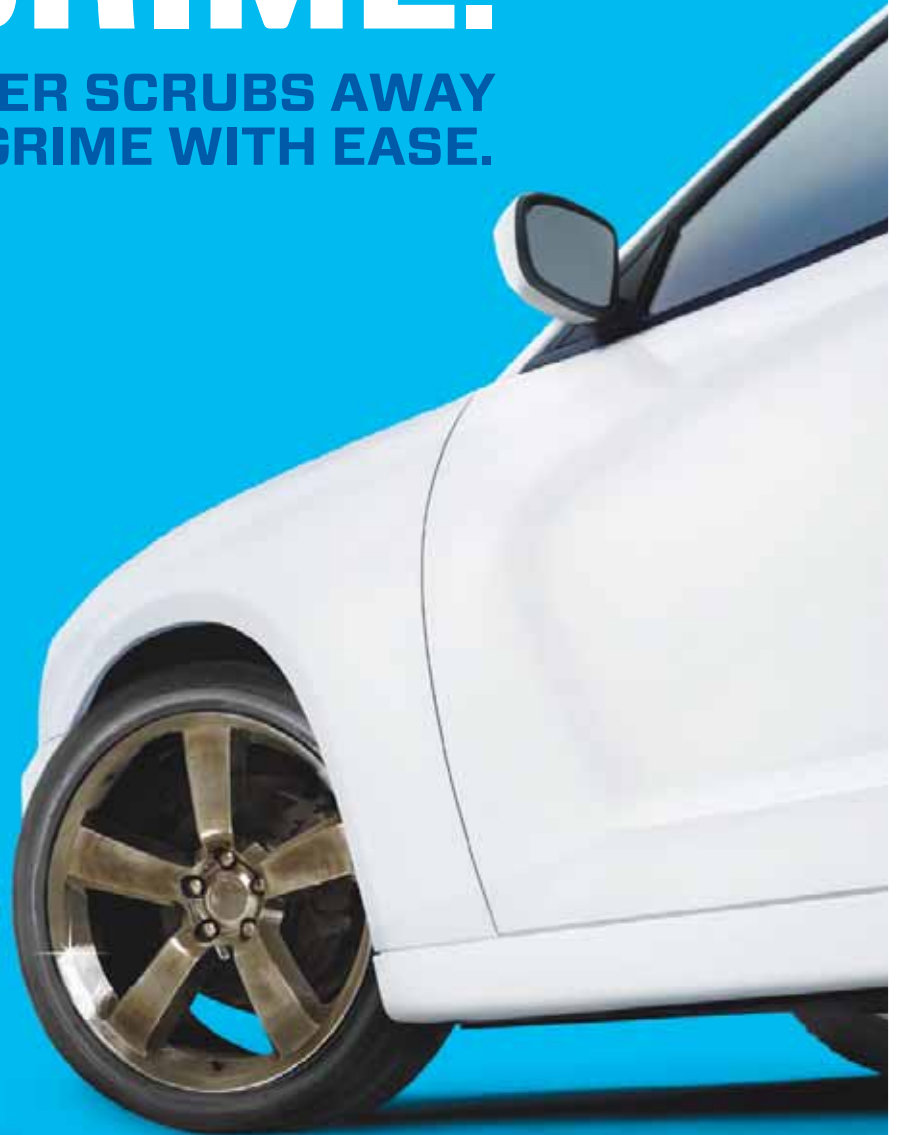
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WHEN IT COMES
TO CLEAN
THERE'S
ONLY ONE
Mr.

Features pack Lexus NX 300h



JIL McINTOSH/FOR METRO

THE CHECKLIST 2015 LEXUS NX 300H

THE BASICS

Type. Four-door, five-passenger compact hybrid SUV.
Engine (hp). 2.5-litre I4 with hybrid system (154 gas only, 194 gas/electric).
Transmission. Continuously variable (CVT).
Price. \$59,450 (as tested), plus destination.

POINTS

- The NX 300h slots under the company's larger and deservedly popular RX hybrid. Lexus makes a total of six different hybrid cars and SUVs.
- The non-hybrid NX 200t starts at \$41,450 and goes to \$53,550.



JIL McINTOSH/FOR METRO

COOL FEATURES

- Heated and ventilated front seats.
- Power-folding rear seats.
- Heated steering wheel.
- Head-up display.
- Touchpad infotainment control.
- Adaptive cruise control.
- Power liftgate.

MARKET POSITION

- The compact hybrid SUV segment is a very slim one, and the NX 300h really has only Infiniti as a competitor. There aren't many hybrid SUVs overall, but most are larger and pricier than the NX.

THE COMPETITION



Infiniti QX60 Hybrid
Base price: \$54,900



Lexus RX 450h
Base price: \$63,250



Porsche Cayenne S E-Hybrid
Base price: \$87,700

REVIEW

Compact SUV could be more fun to drive, though

Jil McIntosh
For Metro

Toyota was the first automaker to launch a hybrid, and over the years, it has used that technology in a number of Toyota and Lexus vehicles. Many of them are very good, but it falls a little short in the Lexus NX 300h, its all-new compact SUV.

You can get the NX with a conventional turbocharged 2.0-litre engine, while the 300h uses a 2.5-litre four-cylinder with electric motor and storage battery. The system automatically runs on gasoline, electricity, or a combination of the two, depending on what's needed. The system recharges the battery itself, and you don't plug it in.

The regular NX 200t starts at \$41,450 and has five trim levels, but the 300h hybrid comes in a single, fully loaded, all-wheel-drive model for \$59,450.

The styling is edgy, and Lexus says it's the company's first hybrid with a kick-down function when you want a

burst of acceleration. But while I went in expecting at least some sporty performance because of that, I was disappointed. The steering is mushy, the brakes are grabby, and the engine drones. The only real payoff was an average of 6.6 L/100 kilometres in combined driving, which turned out to be better than the published numbers, and on regular-grade fuel.

The interior is all quality materials and stitched leather, but I had some issues here, as well. You use a touchscreen on the centre console to operate the infotainment system, but it's too sensitive and I had trouble hitting the icons, especially on uneven roads. There's

a storage cover behind the wrist support that's topped with a removable cover. Flip it over, and it's a mirror. It's a nice idea in theory, I suppose, but I'm just seeing something that's easily broken or

lost.

The NX 300h does include a lot of features, such as adaptive cruise control, lane departure alert, power tilt and telescopic wheel, power-folding rear seats, ventilated front seats, head-up display, and wireless phone charging. But for the money, I expected something that would be a lot more fun to drive. The company may be known for hybrids, but even the leaders don't always get it right.

“Steering is mushy, the brakes are grabby”

STUDY

Bright light could ease that night drive

When you drive into the night, turn on a bright light to improve your performance, suggests a new study that says doing this could improve cognition and alertness.

This extends to night-shift workers whose work environment is dimly lit, for bright light suppresses the release of the natural sleep hormone melatonin, according to the researchers.

While this does not improve subjective alertness or co-ordination, it staves off the effects

of sleep deprivation and, as the hours pass, bright light works better than dim light at enhancing your alertness.

In the study, the researchers screened would-be participants to find out their circadian rhythm chronotype, a scientific expression for whether you like to go to bed early and wake up early or if you prefer the opposite.

The researchers also screened them for sleep disorders and propensity for motion sickness because a driving

simulator was the vehicle for the experiment.

They accepted 19 mostly male participants and structured the experiment in a crossover design involving repeated measures. Conditions for testing included having not experienced sleep deprivation within a week of driving the simulated circuit.

Participants were asked to stay awake until they exhibited sleep deprivation and 45 minutes later the research team exposed them to either dim

light or bright light.

Next, they were asked to drive in the simulator for 45 minutes, divided into two circuits of at least 22 minutes each.

Being sleep deprived, they experienced telltale consequences that could have led to accidents in a real-life driving situation, and the incidents worsened as the task

continued.

Bright light did not make much of a difference when compared to dim light until after the first 22-minute circuit; however, it made a significant, positive difference in the next, reducing would-be accidents, according to the study.

“We were most surprised to find that signifi-

cant differences between the bright-light condition and the dim-light condition occurred in the second lap of the simulated driving task rather than immediately following the bright light exposure,” said lead author Denise Weisgerber, a doctoral candidate at Simon Fraser University in Burnaby, B.C.

Weisgerber said the experience of driving in a simulator might have aroused participants, thereby masking the effects of bright light during the first circuit. AFP

23

Average age of participants in the effect of bright light on sleep deprivation study. AFP

Aston Martin taps emerging markets

CONCEPT CARS

DBX blends luxury, height

Luxury sportscar maker Aston Martin is combining the body of a grand touring automobile with the taller ride height and all wheel-drive system of an off-roader with its DBX concept car (right). The car's design addresses buyers in emerging markets, such as China and Russia, where poor road conditions make living with a low-slung sports car more of an ordeal than a pleasurable experience.



THE GREEN ANGLE

Metro's weekly picks for the latest in environmental news

TEXT AND IMAGES BY WHEELBASE MEDIA

E-CARS

3D printer helps make prototype

StreetScooter has unveiled its largely 3D-printed C16 electric prototype (right). Printed parts of the car include its front and back panels, door panels, bumpers, side skirts, wheel arches, lamp covers and some small interior parts. Though many parts of the production C16 will be built using more conventional methods, 3D printing allowed the prototype to be built inexpensively, and within one year.



IN BRIEF

Chargemaster reaches 1-million milestone

- Electric-vehicle recharger developer Charge-master has recorded 1 million vehicle charges using its British network of charging points, providing about 9.5 million kilowatt hours of electricity since September 2012. The provider of EV charging infrastructure recently installed its 10,000th public and commercial charging point.

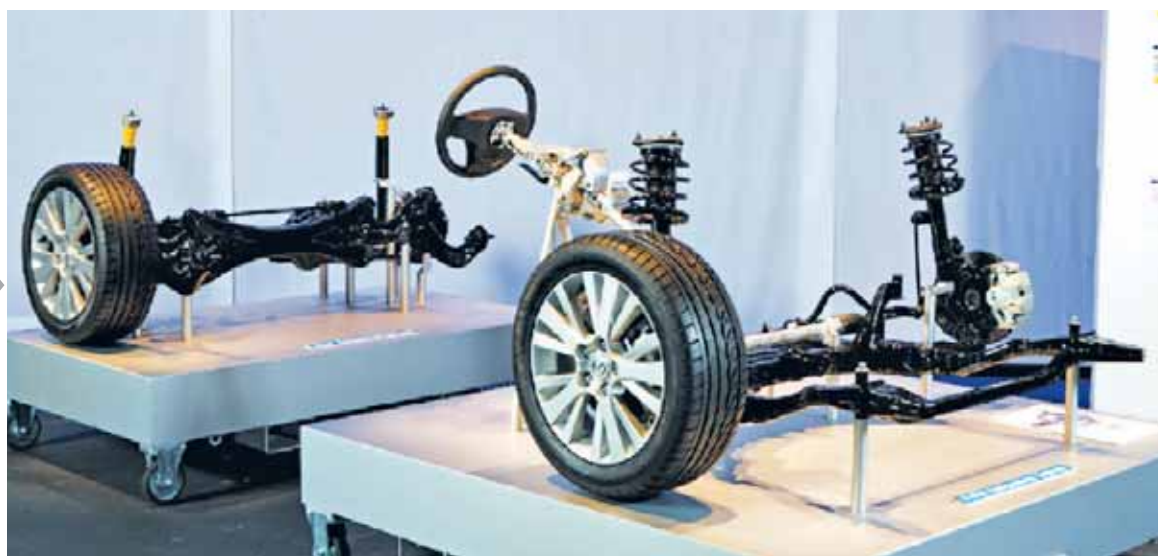
Plastic helps make engine cylinder blocks

- Industrial manufacturer Fraunhofer is developing ways to build engine cylinder blocks composed partly of plastic. The company has created a one-cylinder experimental engine using fibre-reinforced plastic that weighs about 20 per cent less than the equivalent aluminum component, "and costs the same."

PARTNERSHIP

Mazda, Toyota to boost tech

Improving existing environmental and safety technologies and developing new ones are the goals of a new joint collaboration between Mazda and Toyota. Announcing the agreement, Toyota president Akio Toyoda paid tribute to Mazda's SkyActiv lightweight-vehicle technologies and efficient designs (right), saying Mazda has proven "it always thinks of what is coming next," while staying true to its car-making roots. Mazda president Masamichi Kogai professed "tremendous respect" for Toyota's pursuit of ever-better cars through innovation.



ENERGY

Fossil fuel use to stop: Musk

Tesla founder and CEO Elon Musk said he thinks the time will come when energy collection and storage for home, business and industrial use replaces the burning of fossil fuels. The process will take "a long time," though, and how it tracks between now and then "is difficult to predict." New battery technology to power electric cars, such as the Chevrolet Volt battery (left), could also mean new ways to power homes without fossil fuels. Musk also acknowledged energy storage might become "a better market than automotive," but that, too, will take time to determine. "It would be good to get a couple of quarters of experience" with storage-pack demand and production. After that time, "our degree of uncertainty will diminish significantly — it's super-speculative at this point."

+ RECYCLING

Used battery packs power Yellowstone buffalo ranch

Twenty-eight used Toyota Camry Hybrid battery packs recovered from Toyota dealers are now storing energy generated from solar panels at the Lamar Buffalo Ranch field campus within Yellowstone National Park in Wyoming. Noting that battery energy storage capacity diminishes over time — to the point where packs are no longer suitable for use in cars — they often still have enough usable capacity for other uses, reported the Green Car Reports Web site.



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[illegible]

Avalon looks like a solid buy

USED VEHICLE

Electronic issues may dog 2004-2012 models

The Toyota Avalon takes a place above the Camry in the automaker's product lineup as a big, sophisticated luxury cruiser with a relatively simple goal: delivering an affordable taste of the motoring high life to its owners.

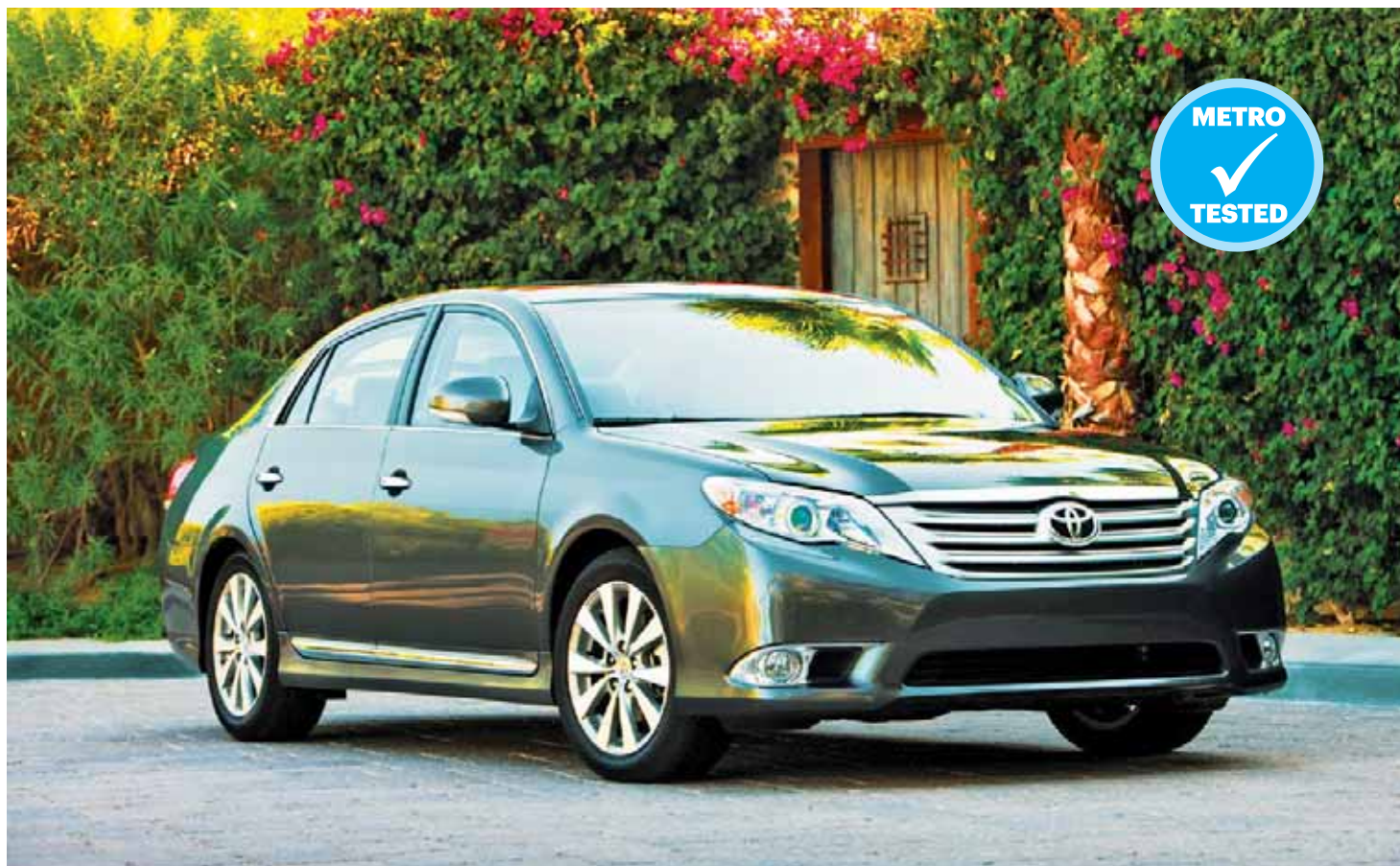
Avalon seems, largely, to have impressed its owners with reliable and trouble-free operation, though a few checks of any used unit you're contemplating should be considered mandatory.

Some owners reported frustrating and hard-to-track issues with some of Avalon's interior electronics. Extra attention is advised for the navigation system, climate controls, all cluster lights and the audio system.

Pair your Bluetooth phone, set a navigation destination, try all of the steering-wheel mounted controls and fiddle with the climate system for a few minutes, to be safe.

Shoppers of 2004 to 2012 models should also pay attention to Avalon's front end, noting any pulling or vibrating through the steering wheel that could indicate an alignment issue. Note any abnormal tire wear that's heavier on the inside or outside of the treads, which could indicate an alignment problem, too.

Listen for popping or clunking noises from the front and rear of the vehicle as you travel over rough roads at a variety of speeds. Unwelcome sounds could indicate a worn-out or damaged suspension component that will require some attention. JUSTIN PRITCHARD



Features

In the used marketplace, the Avalon will offer up hardware such as a CD changer, JBL audio system, self-dimming rear-view mirror, a sunroof, heated leather seats, in-cabin air filtration, navigation, Bluetooth and automatic climate control. Expect plenty of room to cruise in comfort with four or five adults.

Engines

All models received a 3.5-litre V6, making between 268 and 280 depending on the year. A five or six-speed automatic transmission was standard.

What owners like

Owners on the internet tend to rave about the roominess, comfort, luxury and quality imparted by the Avalon driving experience. The up-level audio system is said to deliver a noteworthy listening experience, too.

What owners dislike

Numerous complaints surfaced in online Avalon owner circles about the navigation system, occasional clumsy or harsh gear shifting, and bland cabin and body styling.

The verdict

Most Avalon owners have enjoyed largely trouble-free operation and plenty of confident kilometres from their machines. If the used unit you're considering doesn't exhibit any potential issues upon inspection by a trained mechanic, purchase confidently and expect a laid-back driving experience well suited to long-haul travels.

IN BRIEF

How much for that bike?

Honda has officially unveiled the RC213V-S bike, which is literally a road-legal version of the RC213V — that's the bike that won the 2013 and 2014 MotoGP World Championships. However, surprise surrounding the new bike is due to the asking price — about \$260,000 CDN. That price includes an optional racing kit for improving pretty much everything, but is only for on-track use. AFP

PARTNERSHIP

Daimler, Bosh tackle self-parking car service

Mercedes-Benz parent company Daimler is set to begin working in partnership with Bosch on the development of a new smartphone app-controlled system that would enable a car to drop off its driver and passengers then autonomously locate and manoeuvre into an available parking bay.

The system, which will require cameras and sensors to be installed in car parks, will initially be integrated into car2go's vehicle fleet.

Car2go is Daimler's car-sharing service and one that

relies heavily on smartphone apps and connectivity as a means of allowing customers to book and pay for car use — making it the perfect test environment.

"Our customers are always the centre of attention and all of our actions are oriented towards them. In future the car will even go to them," explains Prof. Dr. Thomas Weber, member of the board, Daimler AG, responsible for group research and Mercedes-Benz cars development.

"In collaboration with our

partner Bosch and our mobility service car2go, we are developing and testing an infrastructure-based solution for a fully automated valet parking service," Weber says.

Technology involved

Existing park assist, intelligent cruise control and autonomous braking technologies available on a host of premium sedans, the Mercedes-Benz S Class included, are sufficient when working in unison for a car to be able to manoeuvre itself into a

garage, a road-side space or into a parking bay in an outdoor parking lot without an accident.

However, identifying an empty space within an indoor, multi-storey parking lot, navigating to it and driving into it isn't possible unless the parking structure itself is as connected as the cars within it. This is where Bosch comes in.

When the partnership is officially ratified on July 8, Bosch will be charged with developing the intelligent

infrastructure components, such as cameras and parking bay sensors, needed so cars can see the layout of a car park as clearly as a human driver.

"Fully automated parking will be ready for mass-production before fully automated driving," says Dr. Dirk Hoheisel, member of the board of management, Bosch.

"Low driving speeds and the information from the car park infrastructure enable a fast implementation," says Hoheisel. AFP

Special Delivery: F-Type R

What test car is Garry bringing us this week? We literally have no clue what he's bringing us until it lands in our driveway, but who are we to doubt Garry Sowerby, who has a bazillion Guinness records for around-the-world driving? That's a bazillion more than we have, after all. Come along for the ride as we deliver real-life, no-glam reviews.

JEFF MELNYCHUK WHEELBASE MEDIA

Rather than Garry bringing his Special Delivery vehicle of the week to me, I'm being delivered to the car in Windsor, Ont.

Garry thinks I put the "special" in special delivery. Few would disagree with him, including Jason Stein, publisher of Automotive News, which is located across the water from Windsor in Detroit, Mich. Jason lives in Windsor and commutes to work in the U.S. of A.

I happen to be in town for our semi-regular get-together and the call comes into the posh home-office bunker I've set up in the guest room over the garage at his house.

Jason from work in Detroit: "OK, I can bring home a Camaro something or a Jaguar F-Type something. Which do you want?"

Me: "Jag something. And maybe some McNuggets. Thanks."

Noise, noise, noise!

A couple of hours later, around 6 p.m., there's a hellish racket in the driveway, like muffled fireworks. Jason revs up the engine. "BLLABABAALAAAAAablablaaaa." It sounds like a hollow washing machine full of bowling balls.

The Jaguar F-Type "something" turns out to be the top-of-the-line 550-horsepower F-Type R. There are a couple of less-powerful versions, but who really cares about those when there's a supercharged 5.0-litre V8 right outside that's ready for a good beating.

The F-Type caused quite a stir when it went into production for the 2013 model year, mostly over at Jaguar. The F-Type made the higher-priced XK coupe/convertible look like an 8-track player, almost overnight. No one cried when Jag promptly quit the XK, mostly because the F-Type was so mesmerizing. And ... maybe because no one cared about all that much about the XK, anyway.

Driving the Jag

The F-Type feels ridiculously quick, in testing the grip of the all-wheel-drive system. That's right, all-wheel-drive. The pedal is touchy. The power is all down low, though, and it wanes just a bit as the revs climb. A just-OK zero-to-100 km/h time of 4.1 seconds



Lower ride height on the Jaguar F-Type R, please. WHEELBASE MEDIA PHOTOS



Check out those handles.



Is that you making all that racket?

proves this. The standard eight-speed transmission is quick to react to paddle shifts. I'm not missing a manual trans one bit.

Still, the sensation is that the F-Type is a supercar and perhaps it is for a base price of \$117,500 (the base



The view from the back.



Up close and personal with the wheel.

340-horsepower F-Type S starts at \$77,500) and for its flush-mount door handles that pop out when you want to climb in,

and for the all-wheel-drive, and for the optional carbon-ceramic brakes. And, of course, for the impossibly tiny space under the



The gear shift.

LET'S TALK

WOW: Does everything that's impractical, correctly; if someone steals this car, you can track it by sound or seismic waves; no manual trans? Who cares.

HMM: Shifter takes getting used to. Still can't find reverse; needs a lower stance and bigger wheels; should be quicker to 100 km/h than 4.1 seconds; there's better "value" out there, but that doesn't matter, just look at it.

rear hatch. You can always tell a supercar if the trunk space is secondary to absolutely everything else. Based on that, the F-Type R is a SUPERCAR.

Convertible conundrum

It's worse for the convertible models, because there's no hatch and the top mechanism has to be stored below deck.

I'm a coupe man, so this particular F-Type would be my ride, anyway. It's faster and much quicker than it needs to be, it's prettier than a prom date and it's louder and more offensive than a bar fight.

Yup, it's perfect.

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GT model shown

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+ AUTOMOTIVE NEWS AUDI DRIVES INTO THE RECORD BOOKS



Andrew Frankel and Rebecca Jackson drove through the Netherlands, Belgium, Luxembourg, France, Switzerland, Lichtenstein, Austria, Germany, Italy, Slovenia, Croatia, Bosnia, Serbia and Hungary. AUDI

Motoring journalist Andrew Frankel and racing driver Rebecca Jackson have been awarded a Guinness World Record for successfully driving a stock diesel Audi A6 to 14 European countries on a single tank of fuel. The journey, which began in Maastricht, the Netherlands, on June 9, took 28 hours of almost continuous driving to complete and covered 1,864 kilometres when the car ran out of fuel in Hun-

gary. One reason for undertaking the challenge was real-world fuel efficiency. Figures quoted by a manufacturer for a new car and what its owner manages to achieve can be two different things. In the case of the Audi, when driven at an average speed of 80 km/h, it achieved a fuel economy of 75.9mpg (3.7l/100km), better than the Audi A6 TDI Ultra's quoted 67mpg (4.2l/100km) figure. AFP

Carmakers gear up for showcase

EVENT

Goodwood Festival of Speed expects 100k visitors

The event described both as the Glastonbury for car fans and as the world's leading moving motor show — every car that comes to Goodwood is expected to perform, not pose — is fast approaching and with it a host of new model launches, impressive stunts and celebrity appearances.

Held within the grounds of Lord Charles March's West Sussex, England, home, every year he opens the gates to 100,000 visitors and each year helps decide which carmaker will be celebrated as the featured manufacturer, and chooses the event's overriding theme.

For the 2015 show, which kicks off June 25, that theme will be "Flat-out and Fearless: Racing on the Edge," and the company getting its own showcase will be Mazda, which will be bringing a selection of its most iconic classics to the show.

Other car companies getting special privileges at the 2015 show include Citroen and as a nod to the 60th anniversary of its revolutionary DS there will be a special class honouring the car as part of the concours d'elegance.

Racing back to the present, a number of brand new cars

will be making their debuts at Goodwood, including the new Peugeot 308 GTI. A true surprise announcement, nothing is known about the new range-topping hot hatch other than that it has been designed to compete with the best of the rest.

The all new Ford Focus RS will also be making its first U.K. appearance at Goodwood and is expected to take to the track and its famous hill climb to show what happens when a small hatchback is given nearly 300bhp and four-wheel drive.

Also set to tackle the famous hill are the new Ferrari 488 GTB, the Aston Martin Vantage GT12, the new Bentley Continental GT, the Lexus GS-F and potentially the entire McLaren range of hypercars and supercars.

There's also a chance that the long-gestating Renault Alpine sports car could be heading to Goodwood after it is displayed at the Le Mans 24 Hours near Le Mans, France, on June 13.

In all, 18 production cars will be making either their U.K. or global debut at Goodwood, but for those that prefer their thrills and spills on two wheels, never fear — retired motorcycle racer Casey Stoner and still-racing Valentino Rossi will be at this year's event to test their metal.

A host of F1 stars past and present will also be in attendance and U.S. rally driver and YouTube favourite Ken Block will be showing why he gets so many clicks. AFP

IT'S ON
The 22nd annual Goodwood Festival of Speed begins June 25 and runs until June 28.



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TECH

Remote-controlled Rover

Land Rover is showcasing some of the next-generation autonomous driving technology that it is planning to bring to future models.

The new BMW 7 Series, launched on June 10, is the first car that can be parked via remote control, but Land Rover's idea is more in keeping with the company's "go anywhere" heritage.

As long as the owner is with-

in 3 metres of his or her Range Rover Sport, the car can be remotely manoeuvred around the tightest of parking lots or over the most challenging of off-road terrains at low speeds.

The supporting smartphone app gives the owner full remote control of the steering, accelerator and brakes and, because he or she is standing outside, complete, all-round visibility of obstacles. AFP

Porsche shows off its science

EVENT

Le Mans ignites excitement, fascination

AUTO PILOT

Mike Goetz



As science experiments go, the 24 Hours of Le Mans beats the heck out of making a *papier mâché* volcano erupt by combining baking soda, vinegar and dishwashing soap.

The world's most storied sports car race is much better at developing future technologies, and much more enjoyable from a spectator standpoint.

The 2015 edition of the race was run last weekend near Le Mans, France, and the science on display was particularly awesome and intriguing, as it was only the second year

Spyder, the 919 employs a generator at the front axle to convert kinetic energy into electricity during braking. The energy is stored in a very high tech lithium-ion battery, and released to an electric motor driving the front axle, in effect making the 919 an AWD vehicle under acceleration. The electrical energy is equivalent to 400 extra horsepower.

• The 919 also uses a second recovery system. A turbine generator unit in the exhaust system works in parallel with the turbocharger, to convert energy from the exhaust-gas stream into electricity. So the 919 recovers energy not only when braking, but also when accelerating.

• Audi and Nissan use flywheel devices, and Toyota uses an electrochemical supercapacitor device, to store the electricity generated by their respective race-car energy recovery systems. Those two systems are generally better at absorbing and releasing elec-



Science that's fast, fun and loud

tricity quickly, and are lighter, but Porsche felt its new-design lithium-ion battery, which features individual-ly cooled cells,

could store more electricity, and so was better suited for the demands of Le Mans, and for future hybrid sports cars.

• Next year the science experiments will continue, and we'll have a bit of Canadian technology to cheer on. Ford announced it would be going endurance racing next year with its all-new Ford GT supercar in the LM GTE category.

Like the production Ford GT, the race GT will have its carbon-fibre chassis built at Multimatic Motorsports, in Markham, Ont., and will showcase the aerodynamic and lightweight possibilities of this new vehicle material.

Science that's fast, fun and loud? Now that's good science.



The Ford GT supercar. CONTRIBUTED



The Porsche 919 Hybrid zips around at Le Mans. CONTRIBUTED

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Lease offer excludes options, license, fuel charges, insurance, dealer prep, PPSA (if financed or leased), administration fees, and any other applicable environmental charges/fees and taxes. Some conditions and mileage restrictions apply. Excess kilometers charges are 16¢ per km for F-Series, plus applicable taxes. Excess kilometers charges subject to change. See your local dealer for details. All prices are based on Manufacturer's Suggested Retail Price. 1. When properly equipped. Max. towing of 12,200 lbs with 3.5L EcoBoost V6 4x2 Max. payload of 3,300 lbs (3,270 lbs with 5.0L T1-VCT V8 3.5L, V6 EcoBoost 4x2 engines. Class is Full-Size Pickups under 8,500 lbs GVWR. 2. Class is Full-Size Pickups under 8,500 lbs GVWR. 3. Class is Full-Size Pickups under 8,500 lbs GVWR. 4. Class is Full-Size Pickups under 8,500 lbs GVWR. 5. Class is Full-Size Pickups under 8,500 lbs GVWR. 6. Class is Full-Size Pickups under 8,500 lbs GVWR. 7. Class is Full-Size Pickups under 8,500 lbs GVWR. 8. 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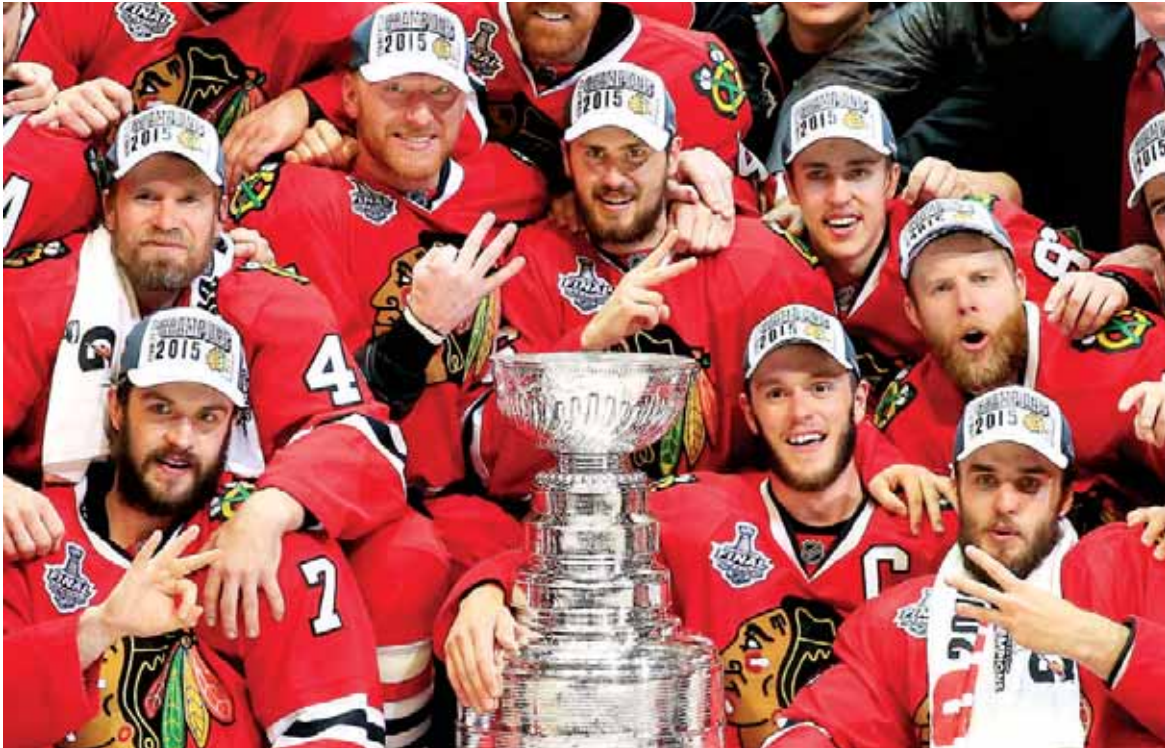
NHL
Blackhawks
proving they
are the model
team in cap era

Embracing on the ice while celebrating their second Stanley Cup together, blossoming Chicago Blackhawks star Brandon Saad and general manager Stan Bowman already started looking forward to the next one.

"We gave a hug and I said, 'This is the first of many, we're going to win a lot together,'" Bowman said. "He gave me a big hug and said, 'Let's go.'"

The Blackhawks' core of Jonathan Toews, Patrick Kane, Patrick Sharp, Duncan Keith, Brent Seabrook and Marian Hossa is already up to three Cups in six years, an incredible feat in the NHL's salary-cap era. While the cap was designed to prevent this kind of domination, Chicago has thrived with stars who shine in the playoffs and an ever-changing mix of role players and young contributors.

"It certainly is a credit to our leadership group on the team and also my staff has done a fantastic job drafting and developing players," Bowman said Monday night on the ice at the United Center. "The only way you make it work in this system is if you can have young players that you not only draft but you develop, or you find them as free agents and



The Blackhawks are a perennial contender to win the Cup. On Monday, they won their third championship in six years.
TASOS KATOPODIS/GETTY IMAGES

you develop them."
It has worked so well that the Blackhawks are starting to hear the word "dynasty" a lot. Commissioner Gary Bettman, a proponent and supporter of league-wide parity, told the crowd and team they had a dynasty when presenting Toews with the Cup.
They're not a dynasty by the

Three in six years is amazing. What more can you really ask for, and we were so close last year, too. Patrick Kane

traditional definition like the 1970s Montreal Canadiens or the 1980s New York Islanders or Edmonton Oilers, but like the Detroit Red Wings in the late 1990s and early 2000s, they've won multiple titles. In the cap-era they're the NHL's

team of the decade.
Mark Messier, the captain of that Oilers dynasty, said during the final that a third Cup for the Blackhawks would be "an incredible feat."
"They're definitely a team on the cusp of being called a dynasty," Messier said last week. "There is no question about it." THE CANADIAN PRESS

WOMEN'S WORLD CUP

Midfielder Lawrence making her presence felt



Canadian midfielder Ashley Lawrence, right, celebrates her goal against the Netherlands with teammate Josee Belanger on Monday in Montreal. PAUL CHIASSON/THE CANADIAN PRESS

Midfielder Ashley Lawrence has never scored a more important goal in her young career.
On the biggest stage in women's soccer, the 20-year-old recorded Canada's only goal in a 1-1 draw with the Netherlands at the FIFA Women's World Cup on Monday night. The first-half strike was enough to give Canada top spot in Group A.
"She's been lighting it up in midfield," head coach John Herdman said of Lawrence. "A little bit of pace ... and just that composure to finish that goal. And she had a few chances tonight

ON THE BOARD
With her goal on Monday, Lawrence became Canada's third youngest scorer in a World Cup.

(Monday). She certainly had the bit between her teeth."
Ten minutes into Monday's contest, Lawrence — a Toronto native — pounced on a loose ball for Canada's first goal from open play of the tournament.
Right back Josee Belanger got

the play going from the sidelines. Her throw-in was deflected by captain Christine Sinclair to Sophie Schmidt, whose shot was blocked by Dutch defender Mandy van den Ber. The ball bounced right to Lawrence, who side-footed the ball home for her first international goal in her 21st appearance.
"John really stressed as a midfielder just getting forward and getting in those right positions," Lawrence said after Monday's draw. "It was a great cross and the deflection came out and I just finished." THE CANADIAN PRESS

IN BRIEF

Amid fear of arrest, Blatter won't travel to U-20 final
FIFA president Sepp Blatter will not go to New Zealand for the Under-20 World Cup final on Saturday.
Amid speculation that Blatter risks arrest in many countries, FIFA confirmed on Tuesday that he will remain in his native Switzerland instead of travelling to Auckland.
"Due to his current commitments in Zurich the FIFA president will not be able to travel to New Zealand to attend the final," the governing body said in a statement.
Blatter's plans have been uncertain since seven football officials were arrested in FIFA's home city three weeks ago in an American investigation of corruption. They face extradition to the United States.
THE ASSOCIATED PRESS

Red Sox ride Holt's cycle to victory over Braves
Brock Holt became the first Boston player to hit for the cycle since 1996 and the Red Sox slugged their way out of a seven-game losing streak with a 9-4 victory over the Atlanta Braves on Tuesday.
Holt's solo homer in the seventh put Boston up 5-2, leaving him a triple from completing the cycle. He got another at-bat in the eighth after Boston added two more runs and hit a fly ball to the triangle in centre field at Fenway Park. Holt easily reached third and drove in a run.
It was the first cycle in the majors this season and the first for the Red Sox since John Valentin did it.
THE ASSOCIATED PRESS

NBA FINALS

vs.

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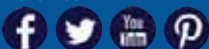
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RECIPE Flank Steak with Cherry Tomatoes, Pine Nuts and Feta



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Planning your patio season celebrations? This is a great meal for outside entertaining. Serves six.

Ready in

Prep time: 5 minutes
Cook time: 10 minutes

Ingredients

- 1 1/2 lb flank steak
- Salt and pepper
- 2 tsp olive oil
- 1 1/2 cup sliced cherry or grape tomatoes (yellow and red), sliced in half
- 3 Tbsp toasted pine nuts
- 1 1/2 oz crumbled feta cheese
- 3 Tbsp chopped basil

Directions

1. Season steak with salt

and pepper. Grill for about five minutes per side, depending upon thickness, until cooked to your preference. For medium rare, let temperature reach 130 F. Let sit for 10 minutes. Alternatively, bake at 425F for the same amount of time.

2. Meanwhile, in large skillet, add olive oil and sauté tomatoes for two minutes.

3. Slice steak thinly across the grain and spread tomatoes, nuts, feta and basil over top.

Nutrition per serving

- Calories 280
- Carbohydrates 1 g
- Fibre 1 g
- Protein 34 g
- Fat 15 g
- Saturated fat 6 g
- Cholesterol 55 mg
- Sodium 150 mg

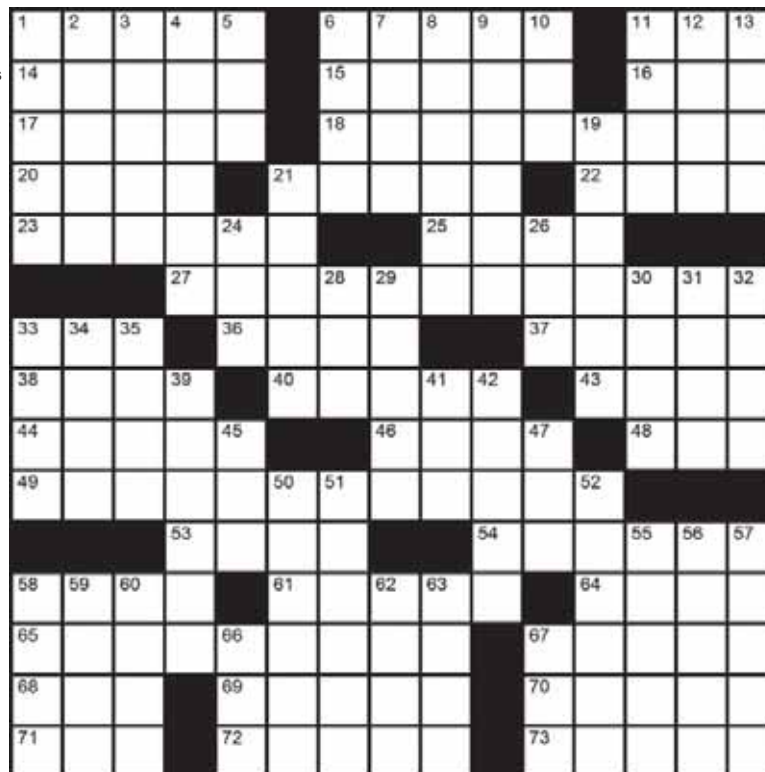
PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Old __ (Men's grooming brand)
6. "I'm not sure if that's good __ news?"
11. Premium auto
14. Nutty pie
15. Ms. Wither-spoon
16. "Well, __ -di-dahl!"
17. Scottish land-owner
18. Bryan Adams' 'I know not what I do' song, with Please: 2 wds.
20. Banda __ (City in Sumatra in Indonesia)
21. 'Mechanical Resonance' band
22. Off
23. Queen's chair
25. Tehran's locale
27. Corner Brook __
- __ Limited (Company in Newfoundland that manages about 3.6 'mill'ion acres of forest)
33. __ Na Na
36. Change direction
37. Fearless
38. School year division
40. Paving stones
43. Mr. Kristoferson
44. Yukon-Alaska peak, Mount Saint __
46. 'Special' suffixes
48. Model Carol
49. McCain crust-and-filling snacks: 2 wds.



53. Aahs cohorts
54. Heaps
58. Dirt
61. Signs
64. Warmth
65. Fundy __ Adventures (Shubenacadie River tour provider in Nova Scotia)
67. Rigatoni

68. __-encompassing
69. Brings to life a ballad
70. Record
71. "See ya."
72. Carpentry grooves
73. Cup, in Montreal

DOWN

1. Fallen tomato's sound
2. Summery fruit
3. More frigid
4. Arnold's server on "Happy Days"
5. Conclusion
6. Ornamental pond fish, Golden __

7. Vintage autos
8. City in Leonard Cohen's "First We Take Manhattan"
9. Mount in Nunavut sharing the name of The Aesir's home in Norse mythology
10. Agnus __ (Mass prayer)

11. Bungled
12. Family member
13. __ protein powder
19. Joan of "Knots Landing": 2 wds.
21. Vancouver-headquartered communications company
24. Cashew
26. Police alert, commonly
28. Before
29. Caper
30. Prefix to 'normal'
31. Super nasty
32. Break
33. Footprint
34. Prefix to 'copter'
35. Tucson's li'l state
39. Corn oil brand
41. "Tut-tut!"
42. Thorny rose parts
45. Brazil: __ Louis
47. Pou __ (Vantage point)
50. Fear of something
51. Donny or Marie
52. "CBC News Now" host Ms. Meharhand
55. Tree abodes
56. Fig's friends
57. Gawk
58. Wild guess
59. Slick
60. Laze
62. Thus
63. Loch __ Monster
66. John Lennon's unintended acronym
67. Arfer, for one

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
No matter how far out your ideas you can find ways to make them work. It is sometimes said that everyone with a new idea is considered a crank, until the idea works. Your critics will soon be calling you a genius!

Taurus April 21 - May 21
If you take a chance today you could hit the jackpot. There are no guarantees but the planets promise if you have done your homework and planned things carefully you could easily be a winner.

Gemini May 22 - June 21
If you did not do something remarkable yesterday you will certainly do something remarkable today. Even if you are one of life's rare shy and retiring Geminis you will find ways to show the world what you can do.

Cancer June 22 - July 23
If you are the kind of Cancer who hates to see injustice then now is the time to do something about it. There are so many good causes out there and all of them crying out for people with your brand of compassion.

Leo July 24 - Aug. 23
The speed of your actions will take everyone by surprise. If a friend is in some kind of trouble you will go out of your way to help them, then a little bit further to take care of the source of the problem too.

Virgo Aug. 24 - Sept. 23
Many things are changing and you will have to adapt quickly if you want to stay one step ahead of your rivals. One day you will look back and give thanks that you were forced to move in a new direction.

Libra Sept. 24 - Oct. 23
You may have good reasons for wanting to keep information from certain individuals but it's unlikely the planets will let you. Once they know what you do, your the advantage will be gone but you're still better than they are.

Scorpio Oct. 24 - Nov. 22
You may find it very difficult to stay in control of your emotions today, but why would you want to? Sometimes it's good to let everything out, especially if you have been storing up negative feelings.

Sagittarius Nov. 23 - Dec. 21
Something rather shocking is likely to happen today. In a few days time you will realize you should have seen it coming. Be that as it may you are flexible enough to adapt and survive. You may even thrive.

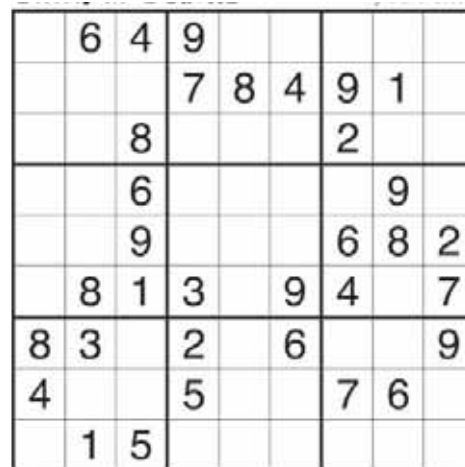
Capricorn Dec. 22 - Jan. 20
Decide what needs to be done, then get on and do it. While your rivals are wasting time arguing about this and that you will be out there in the real world making things happen.

Aquarius Jan. 21 - Feb. 19
Following on from yesterday's new moon you will be in a highly creative mood and whatever you work on over the next 24 hours will bring you a great deal of joy and success. Follow your dream wherever it takes you.

Pisces Feb. 20 - March 20
A friend or relative will surprise everyone by what they do today and emotions are likely to be running high as a result. You though must remain calm and not let your own biases affect your judgment. It's not a matter of life or death.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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